President’s Message
APTA Demonstrates Our Professional Strength

Combined Sections Meeting (CSM) in New Orleans set all types of records. It was the largest attended APTA event ever with over 17,000 registered attendees, including nearly 6000 students. Educational events went extremely well, many social events occurred at night, and there were several PT awareness events held in New Orleans. What a great showing of our profession to the New Orleans area!

The APTA has become one of the top healthcare associations in the nation and a major attraction to large convention centers. There were several meetings between APTA, Chapters, and Sections. We discussed the advancement of the profession through collaboration with other healthcare providers, insurance companies, business organizations, and large associations. It was so exciting to be around so many dedicated professionals and the entire atmosphere of CSM. I expect that the energy from CSM will carry over to our Spring meeting in Lafayette. We have a great line-up planned from Friday afternoon through Sunday. Our second annual Student Conclave will occur on Friday afternoon. There is no other meeting in our state where you can get great professional education, hear the latest on APTA/LPTA issues, and have great comradery. Come be part of the excitement in Lafayette during our Spring meeting.

The end of the Medicare “Caps” has been a long fought war. For over 20 years, the APTA has gone to congress multiple times a year fighting for the removal of the cap, but has been side-lined by politics and forced to deal with extensions and limitations. Finally, the Medicare Cap has been removed! But the battle is not over. We still have several issues that need to be resolved: PTA differential, combining PT/speech cost in reaching treatment thresholds, and the never ending value-based payment models that continue to surface in discussions. While therapists still have thresholds to monitor and functional coding to perform, there is no more cap. Our Medicare patients can get the care they need and deserve during their difficult times. We will have to remain diligent on the medicare issues since it is a major part of the budget and may come under more restrictive legislation at anytime. Other notable APTA projects: PTAs acceptance into the Tricare system, the Opioid Alternatives, public awareness programs emphasizing us as movement specialists, the Registry for outcomes, and Compact licensure.

Strength in numbers matters. As seen with the Medicare Cap removal, resolution of PTAs within Tricare system, and the strong showing at CSM, there is true strength in numbers. Combine the professional dedication of so many valued leaders and strength through numbers, we have a formula for meaningful advocacy for the profession. Without strong numbers, our influence to fight Capitol Hill, and federal and state regulatory agencies would be significantly reduced. Membership in the APTA is nearly 26% of the licensed PT/PTAs throughout the country, with LA having just over 21% of the licenses PT/PTAs in our state as members. The APTA has seen a record growth of 5-6% per year over the last 2-3 years, with millennials making up the largest segment of the APTA. We need to retain current members and recruit new members to continue our efforts in education, payment and advocacy on state and national levels. We need your help. Join us if you are not a member. Check in with expired members and encourage them to rejoin. Connect with younger therapists. It is so important to give to the profession which serves its members and advocates on real issues on a constant basis. I look forward to seeing everyone in Lafayette! Let the good times keep rolling...

Joe Shine, PT, LPTA President
## 2018 BOARD OF DIRECTORS

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Joe Shine  
je@performancept.com

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abrewer@brewerpt.com

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Victoria16579@aim.com

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cristina@moreaupt.com

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Katherine Voorhorst  
kjvoorhorst@gmail.com

**Nominations Chair**  
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k_mader@hotmail.com

### DISTRICT CHAIRS

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<th>Chair</th>
<th>Email Address</th>
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### LPTA MEMBERSHIP

Please continue to encourage your fellow PTs, PTAs and students to join or renew their APTA/LPTA membership!

**PTs** 815  
**PTAs** 144  
**Students** 373  
**Total** 1,332

**Lake Charles and Lafayette District**  
Government Affairs Liaison  
Positions are open. See District News for more information.

### Submission Deadline

We welcome anyone to contribute to the Bayou Bulletin.

If you would like to advertise, report, or share experiences with your fellow LPTA members, please see below for Publisher contact information.

The submission deadline for the May/June publication is April 15th.

**Bayou Bulletin Publisher Information**

The *Bayou Bulletin* is published six times a year by the LPTA. Copy and advertising inquiries should be directed to LPTA. Advertising rate sheets and deadlines for each issue are available upon request.

**Newsletter Chairman, Destiny Kennedy, DPT**

**Newsletter Editor, LPTA Executive Office**  
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Email the office at office@lpta.org or Destiny Kennedy at destiny.kennedy@alumni.lsuhsc.edu
UPCOMING EVENTS

March 23-25, 2018
LPTA Spring Meeting
Lafayette, LA

June 27-30, 2018
NEXT Conference
Orlando, FL

October 11-13, 2018
National Student Conclave
Providence, RI

January 23-26, 2019
Combined Sections Meeting
Washington, DC

Dave Pariser Memorial Scholarship Fund

To make an online contribution to the Scholarship fund, go to the Foundation website and at the top right hand side of the page, there is a purple box with the words “Donate Now”. Choose the amount of the donation and choose the designated fund, the Dave Pariser Memorial Scholarship Fund.

http://www.lsuhealthfoundation.org/

Or you can mail to the Dave Pariser Memorial Scholarship Fund:
The Foundation for the LSU Health Sciences Center
450A South Claiborne Avenue
New Orleans, LA 70112
District and Component News

Blair T. Duthu, PT, Houma District Chair

What an amazing experience to be surrounded by thousands of amazing PTs/PTAs at CSM 2018! The energy in New Orleans was unbelievable! I am eager to bring this passion for our physical therapy profession back to Houma and surrounding areas. We have so much to be proud of and so much to gain in the future. Our next district meeting will be held on Thursday, April 12th at 6:30pm at The Claiborne in Thibodaux. The meeting will be followed by a PT Pub Night at Mud Bugs!! Members, non-members, and future PTs/PTAs are welcome to attend and network. I will also have details on upcoming continuing education courses in our area. Please email me at blair.duthu@rehabcare.com with any questions, suggestions, or concerns! Please like our Facebook page, Houma area PTs and PTAs, for details on events in our area.

Marianne D Bell, PT, DPT, Lake Charles District Chair

The Lake Charles District Governmental Affairs Liaison position is now open. We are looking for a volunteer to take over this position. We encourage anyone interested in becoming our next Liaison, please contact me at med9546@cox.net.

Matthew Powers, PT, New Orleans District Chair

"It was exciting to have CSM in town this year, especially being in the New Orleans district. I had a unique opportunity to meet the people behind PT Pub Night and work along side with them. It is good to have them advancing our profession by connecting PTs, PTAs and students in a social environment while also donating to various charities and support groups for physical therapy. I urge everyone to attend district PT Pub Nights and district meetings for networking and helping to advance our profession to allow us to continue to grow.

We will be holding numerous PT Pub Nights and district meetings this year in the New Orleans district so look out for emails from the LPTA on upcoming events. I hope to see everyone at the LPTA Spring Meeting!"

Jennifer Watson, Lafayette District Chair

The Lafayette District held its first meeting of the year on January 31, 2018. We are looking for representation on the Government Affairs Committee. If you are interested or have questions about the position, please contact me. There are volunteer opportunities coming up in our neighboring Baton Rouge District. The Special Olympics will be held March 2-4, 2018, and the Cajun Classic Wheelchair Tennis Tournament will held March 20-25, 2018. If you haven't had a chance to witness either of these amazing events, what better way than volunteering! And if you are lacking CEUs or just want to have a good time, don't forget the Spring Meeting is March 23-25, 2018, at the DoubleTree by Hilton in Lafayette. You won't be able to say you had nothing to do in March! We are long overdue for a PT Pub night, so be on the look out for a date via social media or e-mail. I am seeking for recommendations for speakers at our next District meeting. If there is a topic that is of particular interest or a new local physician you wish to get to know, let me know. Let us not forget, "It's a great time to be a PT/PTA in Louisiana!"
District and Component News

Michael Hildebrand, PT, Monroe District Chair

We are planning our next district meeting in Ruston! Keep an eye out for more information on our Northeast Louisiana Physical Therapists Facebook page. Also looking forward to seeing everybody at the LPTA Spring Meeting in Lafayette!

Danielle Morris, PT

Thanks to all of you who attended our last meeting where guest speaker Dawn McCool presented an informative in-service on Comprehensive Automobile Mobility Solutions for Health Care Professionals.

I am happy to announce that based on your feedback, our next BR District Meeting will be held at the location of our new Doctor of Physical Therapy Program at Franciscan Missionaries of Our Lady University. Stay tuned for details coming soon!

I also wanted to share that in addition to being your Baton Rouge District Representative for the LPTA, I am now the Louisiana State Representative for the Academy of Pediatric Physical Therapy of the APTA!

As always, please feel free to contact me with any questions or needs! I hope to see you soon.

“PTPN has been a great asset to my company, and I would definitely recommend it to any other practice because of all the built-in benefits PTPN brings.” — Cristina Faucheux, PT, Moreau Physical Therapy

PTPN members have access to more patients and more revenue through our contracts with major insurance providers, large employers and workers’ comp companies. PTPN will also:

> Save you thousands of dollars yearly through preferred vendor discounts.

> Advocate for fair pay & quality care via our lobbyist in Washington DC and the PTPN Political Action Center.

> Help you identify new revenue streams to counter declining reimbursements from other sources.

It pays to join PTPN. To learn more, contact Kim Bueche Hardman at 225-927-6888 or kbueche@ptpnlbrcoxmail.com.
Northshore District News

Rebecca Troulliet, PT
Northshore District Chair

Hoping everyone that attended CSM had a great time learning and connecting with colleagues from all over! The Northshore District is excited to announce our next PT Pub Night and District meeting will take place in Hammond this time. The date and location will be announced at the LPTA Spring Meeting in Lafayette. Hope to see you there. Please stay tuned for more information online. Also don’t forget to submit names and contact information for clinicians and students you feel deserve to be highlighted on the Northshore!

NORTHSHORE DISTRICT STUDENT MEMBER SPOTLIGHT

Northshore Student Spotlight: Carmen Brothers, SPT

Carmen is a 3rd year student at LSU New Orleans currently finishing up her Capstone Project about the validity of fitness trackers’ ability to measure heart rate. She is also serving as the LPTA Student Delegate and had the honor of attending APTA House of Delegates last summer. She had this to say about her experience, “I loved seeing the passion and drive of those advocating their ideas to better the association and profession. It really opened my eyes to the importance of the APTA in our profession.” Carmen also attended CSM this past month for the first time where says she had a great time connecting with colleagues and learning about new technology and current research that she cannot wait to bring back to the clinic. Carmen is looking forward to graduating in May and continuing her involvement with the APTA and LPTA. Congratulations on your upcoming graduation Carmen, the LPTA is excited to see what your future holds!

SAVE THE DATE

For Our Spring Meeting!!

Lafayette
March 23-25, 2018
CSM 2018 LSU POSTER PRESENTATIONS

*Authors involved in research, but not present in photos

Destiny Kennedy, DPT
Thuha Hoang, PT, MHS

Rebecca Troulliet, DPT, CSCS
*Allyson French, DPT

Jane Eason, PT, PhD
Caroline Walsh, DPT

Paige Mayeux, DPT
Barbara Baldwin, DPT

Daniel Flowers, PT, DPT, OCS
* Sharon Dunn, PT, PhD, OCS

Clifton Frilot, PE, PhD, MBA
*Maggie Olmedo, MD

Victoria Chester, DPT
Kendall Antee, DPT, CPST
Thuha Hoang, PT, MHS

Stanley McCallon, PT, DPT, CWS, Clifton Frilot, PE, PhD, MBA, Shea Rogers, SPT, Matthew Rushing, SPT

Join us for PT Day at the Capitol!
April 10, 2018

The LPTA would like to invite any and all Physical Therapists, Physical Therapist Assistants & Students to be present at the Capitol from 9:30 am - 3:00 pm. Please take this opportunity to have a brief visit with your legislator. Talking points will be provided to you.

Please RSVP by emailing Office@LPTA.org
Bayou Bulletin

Payment/Practice Committee Report

As always, the world of payment and practice is always moving and shaking. First order of business is to correct information in my previous Bayou Bulletin update:

BCBS will not remove the ability to speak with a customer service representative in order to detail patient benefits. However, they do require that prior to a customer service contact that the providers verify eligibility on ilinkblue. This is great news!

Humana has multiple CPT code edits that will go into effect in the coming months. Please reference the Humana website for details:
https://www.humana.com/provider/support/claims/processing-edits/

Highlights include:

- Starting 2/1/18: OTC orthotics (L4370, L4397) will no longer be covered.
- Starting 3/1/18: aquatic therapy (97113), Group therapy (97150), sensory integration techniques (97533), community/work reintegration training (97537), Work Hardening (97545, 97546) will no longer be covered.
- Starting 4/5/18: Always therapy and discipline specific modifier must be present for all Medicare Advantage products: (GN, GO, and GP).
- Starting 4/5/18: Ionto meds will only be reimbursable with the diagnosis of Primary Focal Hyperhidrosis.

Home Health: For 2020 expected changes include a change from a 60 day unit of payment to a 30 day. In positive news, the therapy limit will be removed.

Medicare: The cap repeal was included in the recent legislation and the exceptions process has been restored. Of note, APTA continues to be actively engaged in follow up on details from the bill. This is inclusive of the PTA payment differential expected in the years to come. Of note, the current plan for CMS is to create a modifier that will be attached to all claims that involve PTA treatment (even if only a part of the treatment is provided by a PTA). CMS plans to gather data over a 2 year period and then enforce the payment reduction in 2022.

MIPS: It is expected that PTs will begin to participate with MIPS in 2019. Details have not been laid out but we will be watching for new information as it presents itself.

Lastly, for those in private practice, I am excited to bring to the LPTA Spring Meeting 2 healthcare professionals that will be joining me for the Friday afternoon presentation. These guys are 2 of the key people that I turn to when I have questions. I am really looking forward to our presentation about The 2018 New Tax Law, Compliance, and Practice Management Strategies for Private Practice.

Katie Brittain, PT, DPT, MBA, CLT
Payment Chair
Nominations Committee Report

During the fall 2018 meeting an election will be held for the following positions:

- Governmental Affairs Chairperson (See By Laws Article VIII, Section 3)
- Chief Delegate (See By Laws Article IX)
- Delegate (2 to be elected; see By Laws Article IX)
- PTA Caucus Representative (See By Laws Article X)

If you would like to nominate someone, or perhaps nominate yourself, please contact me at k_mader@hotmail.com.

In an effort to better serve our members, for the past several months the LPTA Board of Directors, the By Laws Committee and the APTA Parliamentarian have been working diligently on changes to the By Laws to allow for electronic voting. Electronic voting would allow those members who are not able to attend the meeting to cast their votes. Proposed changes to the By Laws to facilitate electronic voting were emailed to members recently and will be voted on during the spring meeting. The proposed changes will also be discussed again during the open forum during the spring meeting prior to the voting process.

Many thanks to all those who have served and are willing to serve our great association. We welcome any new comers to contact the Nominating Committee to discuss leadership opportunities.

Kinta Leblanc, PT, DPT
Nominations Committee Chair
Federal Affairs Report

Permanent Repeal of the MC Therapy Cap:

Two decades of grassroots pressure and advocacy worked!! This legislation eliminated the arbitrary cap on therapy services.

The new therapy policy requires that the KX modifier indicating services are medically necessary must be included once PT/SLP or OT therapy spending reaches $2010 in a given year. This amount will be adjusted annually. Bills can be denied if the KX modifier is not used on claims which exceed the $2010 threshold. Instead of the exceptions process threshold of $3700, now at the $3000 level there is the potential of a targeted medical reviewed triggered by factors such as one is a new Medicare-enrolled provider, aberrant billing as compared to their peers, or a provider who belongs to a practice whose partners have been flagged for aberrant billing. The $3000 amount will be adjusted annually.

The bill also included a pay-for that APTA did not support and worked hard to change after it was announced at the last minute—this pay-for would reduce payment for services in which a physical therapist assistant (PTA) is involved under Medicare Part B. Beginning January 1, 2022, payment for services provided by a PTA, as well as services provided by an occupational therapy assistant (OTA), would be paid at 85% of the Medicare fee schedule. This policy was not part of any of the discussions or negotiations with Congress over the past year, nor was it included as part of the proposed package of pay-fors that were announced this past fall as part of the bipartisan agreement.

TRICARE Status: As everyone is aware, Physical therapist assistants (PTAs) are on their way to officially joining the TRICARE payment program used throughout the Department of Defense (DoD) health care system. President Donald Trump’s signature in December on the National Defense Authorization Act enacts a change long advocated by APTA. The change won’t take effect immediately as DoD must issue rules on the new law. APTA staff is working with DoD officials to make sure this gets changed as swiftly as possible. However, PTAs are still unable to be paid under TRICARE – please wait until this is finished before moving forward.

If you are interested in meeting with the LA Delegation regarding federal issues and how they impact our patients, consider attending the Federal Advocacy Forum April 29-May 1 in Washington DC. Should you have any further questions, feel free to email me: Cristina@moreaupt.com

Cristina Faucheux, PT
Governmental Affairs Chair
Mark your calendars now for PT Day at the Capital! It will be held Tuesday, April 10th. The times will be determined once we have a better idea of the committee schedules. This will be a great time to rekindle those relationships you made over the last couple of years. We want to have a huge presence to simply thank the legislators for their continued support.

As the 2018 legislative session approaches, I want to remind you to please respond to any calls to actions. These will be used periodically when legislators need to hear from their constituents. The 2018 session begins Monday, March 12th. Throughout the session you will receive legislative updates from the Tatman Group regarding bills that we are following. Now is a good time to ensure that your email address on file with the LPTA is accurate, so that you can stay up to date on legislative issues.

Should you hear of a regulatory or legislative issue you feel the LPTA should research, please contact us. In addition, if you are interested in serving in the open positions we are looking for someone that lives in the Lake Charles or Lafayette Districts.

Lake Charles: open
Lafayette: open
Baton Rouge: Karl Kleinpeter karlkleinpeter@aol.com
Houma: Eddie Himel eddie.himel@att.net
New Orleans: Rich Baudry rich@baudrytherapy.com
Northshore: Troy Bourgeois troymsc@yahoo.com
Alexandria: Oday Lavergne olavergne@leegate.net
Monroe: Michael Hildebrand Michael.hildebrand87@gmail.com
Shreveport: Daniel Flowers dflowe@lsuhsc.edu
Chair: Cristina Faucheux cristina@moreaupt.com

Cristina Faucheux, PT
Governmental Affairs Chair
Greetings from the Bylaws Committee!

At the last LPTA Board of Directors meeting (1-21-18) the Board passed the motion “LPTA pursue changing our bylaws to change over voting to allow for electronic voting”. This idea has been discussed at Board meetings for the past year.

Please click the button below to review the amendments approved by the APTA parliamentarian which would allow electronic voting for delegates and all statewide elections (President, VP, Sec, Treas, GA chair, NC Chair and delegates) The changes are in only Article 8 and 11 of our bylaws.

District elections are not affected by this change. In the bylaws amendment there is a mechanism that allows for nominations from the “floor” only they will occur well before the Business meeting. This also prevents the Nominating Committee from having the absolute final say on the slate. But it does mean the membership will have to act well ahead of the Business meeting to avail themselves of this option. Nominations from the floor will not be in order at the Business meeting. The details of this process will be worked out by the NC and the Board.

The Bylaws committee will present these amendments to the membership and they will have the opportunity to amend them at the Spring meeting. However, if amended they will have to be re examined by the APTA parliamentarian before the APTA Board of Directors can approve them. Our Chapter bylaw amendments actually aren’t effective until the APTA Board approves them.

This is a substantial change for our membership. The LPTA Board believes that this is part of our vision and mission, to serve our membership and give them a greater opportunity to participate in the governance of the LPTA. Numerous Chapters (Maryland, Alabama, Iowa) have electronic voting as do numerous sections.

Please take the time to review these amendments and contact me if you have any questions.

I’d like to thank Gail for her service as Bylaws chair and for helping me with the transition to get this bylaw change in process.

Paul Hildreth, PT, DPT, MPH
LPTA Bylaws Committee Chair

CALL FOR NOMINATIONS
Membership Chair

Are you or someone you know interested in serving on the LPTA Board? If so, please consider a nomination for the Membership Chair position! Over the next few months, our current Membership Chair, Katherine Voorhorst, will be available to answer questions regarding the role and responsibilities. For a full position description please visit lpta.org under About LPTA – Leadership and Governance. For those interested, please contact Kinta, Nominations Chair, at k_mader@hotmail.com.
PT In Motion News

A Growing Interest in Medical Marijuana
With relaxed state laws and wider availability, use of cannabis and cannabinoids is increasing throughout the United States. PTs and PTAs need to know how patients can be affected in both positive and negative ways.

Using Motor Learning to Help Patients
PTs who are passionate about using motor learning explain why it’s so important to physical therapist practice.

The Payment Squeeze in Postacute Care
Last year, CMS proposed significant changes in the home health and skilled nursing settings, seeking to improve the value of payment in postacute care. PTs and PTAs must understand what’s behind these efforts, what they need to do, and what may lie ahead.

Improving the Lives of People with Dementia
It’s time to replace unfounded fears of evidence-based facts. Doing so will best ensure optimal treatment of an underserved population and will better meet caregiver’s needs.

Career Transitioning Advice for Aging PTs
Does active computer gaming improve health or cognition? Mayo Clinic introduces a new “skill” for Amazon’s Alexa. FDA expands allowable use of exoskeletons. How secure is your computer when your password is “password”? Comparing video gaming equipment with medical motion labs. And more.

Humana Coverage Limitations: More of the Same
Humana’s latest list of physical therapy services it won’t cover may not have changed much, but that doesn’t mean the limitations should continue according to APTA. This list includes aquatic therapy, group therapy sessions, sensory integration, community/work reintegration, and work hardening/conditioning. The APTA recently voiced its concerns over the ways the health insurer characterizes physical therapy.

CMS to Study Administrative Burden of MIPS; PTs Can Participate
Physical therapists are invited to participate in a study to gain better understanding of the administrative burdens associated with its Merit-based Incentive Payment System (MIPS). PTs can participate even if they currently aren’t involved in the program.

CDC Issues ‘Call to Action’ to Address Treatment Gaps for Children Experiencing TBI
CDC sees TBI in children as a public health problem with a ripple effect — not only are children receiving inconsistent care, but variation in rehabilitation and recovery approaches can lead to disability that lasts through adulthood.

Visit www.apta.org to see full articles.