President’s Message:

Fall Meeting at the Crowne Plaza in Baton Rouge was a resounding success! Thanks to Bland O’Connor and Melinda Wilk for their excellent organizational skills, to the terrific speakers Irene Davis and Susan Whitney for their stimulating educational prowess, and thanks to all of you who attended to make this meeting such a success! We could not have such success without our vendors either!

Congratulations to Amelia Leonardi who was elected Nominations Chair and to Kinta LeBlanc who was elected Delegate. They have a rich history of serving and LPTA is thrilled that they will continue this service to our profession.

APTA continues to work hard on our behalf, and I want in this message to highlight some of the things APTA is doing for you.

Therapy Cap Repeal/Management: APTA is continuously working on repeal of the cap, but for now the cap is in effect, so APTA has wonderful resources to help you understand how to file a Manual Medical Review and what is required, via webinar and podcast at www.apta.org/federalissues/therapycap. You need to get involved as well on this, so join the PTeam to receive legislative updates about when you need to contact your elected officials to make a difference!

Fit After 50 Campaign: For our baby-boomer patients who want to stay active and age gracefully, APTA has established this campaign to let consumers know how physical therapy can assist them. Tell them to go to www.moveforwardpt.com/fitafter50 to access daily tips and advice. Also there is a member challenge in which you can nominate your over-50 colleagues who are committed to being fit, active, and mobile as they age. Nominate a deserving individual today!

(continued on page 4)

Written By: Beth Ward, LPTA President

We want to hear your voice!

Do you have something to say? We want to hear it! We at Bayou Bulletin Headquarters are always looking for members to write for any of the new columns!

* Private Practice Corner
* PTA Speak
* Soapbox!
* Student Say
* Patient Perspective
* Spotlight

Did you do something noteworthy? Have a new technique that is working and you want to share? Just want to tell a funny story? Share it in your LPTA members-only newsletter!
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UPCOMING EVENTS

2012

November 2-4
APTA’s National Student Conclave
Arlington, VA

2013

January 21-24
APTA Combined Sections Meeting
San Diego, CA

Bayou Bulletin
September/October 2012
UPCOMING EVENTS

2013

March 16-17
LPTA Spring Meeting
2nd Sports Symposium
Lafayette, LA

April
APTA Leadership Forum
Federal Advocacy Forum
Washington D.C.

June 26-28
APTA Annual Conference and
House of Delegates
Salt Lake City, UT

Student’s Say

Hello Everyone. I am Lindsey Robinson, the Director of the SSIG Board.

Last Friday, September 28, 2012, was the annual LPTA conference. At every LPTA conference, the Student Section Interest Group has a meeting about interests physical therapy students have pertaining our future profession. This meeting was about travel physical therapy jobs. The goal was to explain the benefits of this type of job, who the best fit for this job may be, and what are the fallbacks with it. Our speaker was Ronnie Wagley, CEO of Therateam, a company that provides traveling PT jobs. This session not only gave us an unbiased opinion of what to expect but also gave us some main points to think about when considering this job.

Some key points from this session were:
- If you are truly interested in becoming a travel PT, establish licensure in the different states of interest. It will put you ahead of the game in case of immediate openings.
- Decide what is important to you: Location, Clinical Setting, or Pay: you will probably not be able to get all of these at one location
- "It’s not what you make, it’s what you take home." : Know the hours and weekend schedule as well as other small fees. You may make a lot of money upfront but what can you get reimbursed on?
- Don’t be afraid of how you do therapy. It is the same everywhere.

He also discussed with us Contractor/Self-Employed versus Employee, which was extremely beneficial as far as the business side of this profession goes. On behalf of the SSIG board, we would like to thank those that came to the SSIG meeting as well as our fundraiser mixer at The Station following the exhibition. For our meeting in the Spring, the SSIG board is trying to get someone to talk to the students pertaining the new version of the Louisiana Board PT Licensure Exam. Remember if you are a physical therapy student, you are a part of the Student Special Interest Group. Any suggestions regarding fundraisers or topics for future SSIG meetings are always open.

Written By: Lindsey Robinson, SPT, Director of SSIG
Globetrotting Therapists

Physical Therapist Paula Click Fenter and Occupational Therapist Troquel Riley, both from LSUHSC in Shreveport served as a “rehabilitation team” in Port au Prince, Haiti for one week this spring. They worked at Bernard Mevs Hospital, the only critical care hospital in the country serving the most critically ill. In this 55 bed facility patients were seen in emergency, ICU, medical/surgical, pediatric, spinal cord acute/rehab, HIV and TB units, as well as outpatients were also seen throughout the week. This hospital also has its own orthotic and prosthetic lab with trained Haitians who do the fitting and fabrication. Working with patients each day in most of these venues was some of the most challenging and quick paced one could imagine. As the critical care patients were stabilized and treated the rehab team worked hard get patients ready to go home with all of the same issues to address: transfers, home exercises and family education, most which is done through an interpreter.

The therapists were part of a team who volunteered for the week set up by Project Medishare and consisted of several disciplines: EMT, MD, RN, PT and OT professionals. Everyone immediately fell in love with the people of this country as they treated each individual and had the opportunity to get to know them and their families. Direct patient care was coupled with interaction and teaching of the Haitian therapists with great discussion and ideas for treatment. In Haiti most of the therapy treatment is delivered by rehabilitation therapists who cover the gamut of rehab. Both the therapists, interpreters and other healthcare workers worked long hard hours to see the many people of the city. Each individual won the heart of therapists as they observed the tenacity of the Haitians to improve or learn how manage their family member when they went home. Whether working with a child with hydrocephalus, a teen with a fracture or an adult with a stroke these therapists were impressed with the kindness and tenacity of the Haitian people.

Written By: Paula Click-Fenter, Associate Professor LSU Health Shreveport

(continued from page 1)

Volunteer Interest Pool: Submit your information now to join the Pool and share your wealth of knowledge with the profession. There are opportunities for short- or long-term projects that will provide opportunities for leadership development, collaboration with your colleagues, and the ability to influence the direction of the association and the profession. Go to www.apta.org/volunteers.

Accountable Care Organizations: APTA has launched a Collaborate Care Models discussion forum for members on its Communities page. Here, members can discuss Accountable Care Organizations, patient-centered medical homes, and bundled payments. Join the “Communities” page at www.apta.org (it’s at the top), and click on the “Collaborative Care Models” link to join the discussion.
PTA Speak: DO YOU ENJOY YOUR CAREER AS A PTA?

One year ago I met Jason Oliver, PTA Caucus Representative, at the LPTA Fall Meeting. It was a pleasure to meet someone passionate about our profession and serving PTAs on the state and national level. After Jason delivered his "hot topics" updates, I felt compelled to "do something" for my profession and association. The first thing I wanted to do was to encourage MEMBERSHIP! I encourage the PTs and PTAs I work with how valuable it is to support the AMERICAN PHYSICAL THERAPY ASSOCIATION BY BECOMING MEMBERS. Membership may help support or deject some of these "hot topics". Second, when our lobbyist sends updates regarding contacting our local representatives, CONTACT them! It gives us an opportunity to educate political leaders of how we serve people in health care. Third, ATTEND local, state, and national meetings. These meetings can provide valuable resources not only for CEUs but also for learning about the future of our profession. An additional benefit in membership is the benefit of attending meetings such as the PTA meetings and attend courses. I am working towards the PTA Recognition of Advanced Proficiency track in neurology (see the APTA website under PTAs). I have a passion for patients who have experienced any type of neurological insult. I am grateful to have an association which allows PTAs to advance their skills and be a part of the "best practice" standards. Lastly, VOLUNTEER to CELEBRATE PT MONTH or National REHAB AWARENESS WEEK and EDUCATE the public regarding our profession in your community via workshops, tables at health fairs, balance screenings, therapy dog visits, etc. I have the pleasure of sharing my dog, Mr. BeauxJangles, as part of the PET THERAPY rehabilitation experience (IRF, HH, and OP settings). He has been widely known in my small community for the last 2.5 years and often "requested" for visits. He is trained to provide emotional support for persons in hospice and in general need for a loving "paw" to encourage them. The response from his weekly visits to a local IRF has been overwhelmingly positive (pictures/articles in the newspaper, improved attitudes during a rehab stay, priceless smiles from patients etc.). Therapy visits with Beaux is also a way for me to share with the public my career as a PTA.

Attending LPTA/APTA meetings is an avenue to learn of proposed changes which may affect our profession. One potential position statement I learned at the APTA conference (2011) and the last two LTPA conferences (2011 and 2012) was the proposed rule to change who is allowed to provide physical therapy services (RC3-11) "Physical therapy responsibility and accountability for the delivery of care". This change (IF PASSED) would allow a variety of personnel to "assist" the Physical therapist in addition to the PTA (see last newsletter PTA Speaks column). RC3-11 would allow staff members such as exercise physiologists or athletic trainers to provide physical therapy services. I transitioned from a field in exercise physiology teaching health science courses in the Community College system to my current career. In graduate exercise physiology school (1996-1998), the following topics were taught with the basic overlying tone - exercise testing for HEALTHY persons: Cardiovascular Physiology, ACSM's Guidelines for Exercise Testing and Prescription, Exercise Concepts, Calculations, Cardiac Rehabilitation, Adult Fitness and Exercise Testing, Research Methods in Physical Activity, Physiology of Sport and Exercise. The Exercise Physiology background allowed me to excel in writing Home Exercise Programs and implementing therapeutic exercises specifically for the patients' goals and desired outcomes with the understanding of pathophysiology. It was not until I enrolled in PTA school that I began to compare and contrast these educational backgrounds.

(continued on page 9)

Written By: Kelli Gueho, PTA, CI, MS
LPTA Spotlight: Kinta LeBlanc, PT, DPT

I would like to take this opportunity to “spotlight” someone who has been so quick to recognize others for their dedication to this profession, and who deserves the same acknowledgement and appreciation! I am talking about none other than our former Newsletter and Public Relations Chair and recently re-elected Louisiana Delegate, Kinta LeBlanc. This young lady is about as sweet as they come. Her passion for all things Louisiana is absolutely infectious! She is an avid LSU Tiger and Saints fan, and if you don’t believe me, ask her adorable pooch, Bullet, who is decorated twice weekly in purple and gold and black and gold depending on the day. You will catch this Kinta running the streets of New Orleans any chance she gets, and whether she is literally “running” (like the crescent city classic 10K or the red dress run) or just gallivanting about the town, this lady loves to dress the part, complete with that adorable smile!

After touching down briefly in the “real world”, Kinta decided to apply for physical therapy school with the encouragement of friends and mentors. You can imagine her frustration when this New Orleans lady was sent to the program in Shreveport...GASP! But alas, Kinta packed her bags and headed for East Texas! And God? Well, He had a plan as Kinta began immediately crushing on a young man in her class...a shy, but extremely witty and smart lad named Greg. Needless to say, he put a ring on it, making her the happiest former first lady in the LPTA!

Kinta has been an incredible asset to our profession and to the LPTA. For several years, Kinta has represented us on the national level with the perfect balance of class and humor. She is a most likeable and relatable young woman. Friends of Kinta were honored to share a few thoughts about what an amazing woman she is...

• “Kinta is one of the nicest, thoughtful, caring, and generous persons I know! She is dedicated to her family, friends and the profession that she loves! She goes out of her way to make events a success. For example, several years ago in the House of Delegates, the Louisiana delegation was given a chance to promote the next CSM in New Orleans. Kinta helped orchestrate a parade right there---complete with Mardi Gras costumes & throws.” —Amelia Leonardi, PT, DPT

• “Kinta LeBlanc is the recently termed-out "First Lady" of the LPTA, but I hope she has an unlimited term in the role. She approaches her membership and engagement with the profession as she does with all of her relationships - with love, commitment, compassion, grace, humor and hospitality. Kinta has been a great Louisiana ambassador on the national scene through serving as a delegate. PTs and PTAs across the country are delighted by her charm and graciousness; such a fantastic representative of our culture. Mostly, I am thankful for Kinta’s friendship. I can always count on a text at the least expected, but most needed time, to encourage and comfort me....LYMYOKB....my all time favorite!” —Sharon Dunn, PhD, PT, OCS
“Kinta was my clinical instructor for my acute care rotation when I was in school, and she taught me so much about being a compassionate therapist. I am proud to call her a friend and colleague as she brings so much to our profession.” —Meagan Stanley, PT, DPT

“A Handful...This is the first term that comes to mind when I think of Kinta LeBlanc. Please allow me to explain...I met Kinta as a young student and I immediately knew she was a woman on a mission in passionate pursuit of propelling our profession to higher heights. Her loving, witty personality is magnetic, often described as ‘a handful’ by many of her colleagues at both the state and national levels. She encompasses and exudes the following personality traits with such grace and ease: 1. she always has a joke on hand (Boudreaux and Thibodeaux more often than not), 2. she can captivate the attention of any group with a story, 3. she is the first person to answer yes when a call for help is placed. To me personally, Kinta is one woman in a small “handful” of women who I consider a mentor both professionally and personally. I lovingly call this select group of women my PT Moms. These are the women in our profession whom I admire and attempt to emulate on a daily basis, as I do with my own mother. Kinta has taught me many lessons since we met in 2006, although if you asked her she wouldn’t know this. This is because she leads through example with a grassroots connection. These are the qualities of a true leader in my book and these are the qualities that I strive to achieve in my life. Thank you, Kinta for being open to sharing your love, passion, and personality with us all. You are a true shining light in our profession and I hope to see you continuing to shine and inspire future generations for many years to come.” —Allison Daly, PT, DPT

“Mom is awesome, woof! She gives me treats and belly rubs, woof! She washes my LSU and Saints jerseys every week in the fall and helps me get them on. Woof, woof! She is the best mom a pooch could ask for!” —Bullet, the wiener dog

“Kinta lights up a room with her positive attitude and winning smile! Her enthusiasm for our profession and consistent professional demeanor and service to the LPTA over the past decade have been invaluable to our association.” —Beth Ward, LPTA President

“Kinta was dedicated to not only developing me as a clinician and professional that takes initiative to promote our profession, but she also took the time to get to know me and care about me as a person. When I think of describing Kinta as a professional and a friend, a few words of many at the top of my list are loyal, dedicated, energetic, genuine, caring, and passionate. Anyone is and would be blessed to call her a friend, and members of our profession are lucky to call her a colleague.” —Reba Clemmons, PT, DPT, former student

Respectfully submitted by: Claire Melebeck, with help from Meagan Stanley, Reba Clemmons, Allison Daly, Beth Ward, Amelia Leonardi, and Sharon Dunn
District & Committee Wrap-Up

The LPTA Board of Directors and Committee Members met at the Fall 2012 meeting in Baton Rouge. Let’s take a look at what your board is doing for this incredible profession...

Michael Hildebrand, SPT, Student Special Interest Group President

What an awesome weekend at the LPTA Fall meeting! I learned a lot about running injuries as well as got clarification about barefoot running misconceptions/facts. I would like to thank Ronnie Wagley, PT, DPT, CWS, and CEO of TheraTeam, LLC for giving the students a great talk about traveling therapy & Station Sports Bar and Grill of Baton Rouge for helping the SSIG with our fundraiser. We are now looking ahead to the Spring meeting and trying to get a speaker from the LPTB to speak to students about recent changes on licensure testing. We are also throwing around ideas to have another "bar mixer" in Lafayette or have a silent auction/raffle of sports memorabilia to coincide with sports theme of the spring meeting or a combination of the two. If you have any sports-themed items you would like to donate for the auction/raffle please contact me, Michael Hildebrand @ mhilde@lsuhsc.edu.

Althea Jones, PT, Continuing Education Coordinator

Congratulations are in order for Danielle Morris who was elected to take over as the new Baton Rouge District Chair. As I move to New Orleans and begin a new chapter of my life, I am confident that Danielle will do great things for the LPTA membership in Baton Rouge. In other news, I am very excited to announce that we have pinned down sports guru Kevin Wilk, PT, DPT as a lecturer at one of our 2014 LPTA meetings!

Scott Kelley, DPT, Alexandria District Chair

I would first like to say how much I truly appreciate the opportunity I have been granted. I am not from LA and have only been here for 3 years, but have adopted the Alexandria area as my home. I grew up in San Jose, CA and have lived all over the U.S. I am a graduate of The University of Saint Augustine for Health Sciences in Saint Augustine, FL. I have been practicing for a little over 3 years. I have been married for just over one year and my wife is a PT and OT in Alexandria. I have the opportunity to work and learn in a private outpatient clinic. I have a passion for my career and my profession. Thank you again for allowing me to serve.

Jake McKenzie, PT, Membership Chairman

How does membership matter to me? Sometimes we forget about how much our association does for us. In mid-July, I attended the APTA Membership Conference in Alexandria, VA. With membership chairpersons from around the US, we were able to brainstorm and share ideas on ways to improve our membership experience. We spent two and a half days together, and with the help of the APTA staff, I have some new ideas to keep our momentum going in the right direction. Students......look out for LPTA reps in your classroom. Members.......be on the lookout for treats at the District Meetings. Non-members......we may be calling or emailing to get you back!
Danielle Morris, Baton Rouge District Chair and O LOL Representative

The incoming Baton Rouge District chair, Danielle Morris, reported that the Louisiana Passenger Safety Task Force received grant money to fund a Task Force that supports safe transportation for children with Special Health Care Needs. This grant provides free education and training to individuals interested in promoting safe transportation in vehicles, for children with special health care needs. The Task Force is actively recruiting physical therapists and physical therapist assistants to become certified child passenger safety technicians. Interested individuals should contact Danielle at daniellemorrispt@yahoo.com.

Anna Means Moore, former Nominating Committee Chairman

I would like to congratulate Amelia Leonardi and Kinta LeBlanc, the new LPTA Nominating Committee Chairman and Delegate, respectively. Ashley Henk will be our alternate Delegate and will be learning the ropes and ready to stand in when needed. It has been a pleasure serving the LPTA in this capacity and I wish our new board members the best!

Jason Oliver, PTA, PTA Caucus Rep for the LPTA

Keep an eye out for the “PTA” tab that will soon be a part of the LPTA website! Also, our “Louisiana PTA” Facebook page is growing—please “like” us if you are on Facebook! I would also like to thank all PTAs, PTA students, and PTA educators for attending and participating in our PTA Committee meeting at the LPTA Fall meeting.

(continued from page 5)

I do not know if other PTAs experience the following situation. Patient ask, "why is my therapy so DIFFERENT when you are here?" “Ma'am, I am the Physical Therapist Assistant. The other person is a technician..." Consider the following example of fitness versus physical therapy. This afternoon I worked in an outpatient aquatic physical therapy setting. I provided gait training, sensorimotor facilitation to the upper and lower trunk to improve postural control, PROM, and finally therapeutic strengthening exercises (in the pool). After I left the clinic, I performed lap swimming at a local fitness club in preparation for a half Ironman next month. While swimming, a group "water aerobics class" began in the adjacent lane. I studied their routine of which some of the exercises were similar to the aquatic therapeutic exercises. The major differences? Purpose, Outcomes, and Therapeutic handling.

I am proud to serve patients as a PTA and am willing to do "whatever it takes" to maintain our profession. What about you? How many PTs and PTAs you come in contact with daily or weekly who are not members of the LPTA/APTA. EDUCATE and INFORM your colleagues of this proposed regulation! Encourage PTs/PTA to join the APTA/LPTA since delegates are chosen by the AMOUNT of members of each state.

Thank you for allowing me to share my thoughts and reading the column.

Who is qualified to ASSIST the Physical Therapist? The Physical Therapist Assistant.
LPTA MEMBERSHIP

Please continue to encourage your fellow PTs, PTAs and students to join or renew their APTA/LPTA membership!

“Each One Reach One!”

Active members
Current 739
Last Year 681

Life Members
Current 28
Last Year 25

PT Students
Current 199
Last Year 116

PTAs
Current 118
Last Year 77

PTA Students
Current 53
Last Year 27

Total
Current 1,137
Last Year 926
Patient’s Perspective

When I first arrived at the inpatient rehab facility, I knew it was for intense therapy. As I had been to outpatient therapy twice before and it helped for short term only. The problem returned worse.

When I arrived to IRF, I tried to hide my sadness of leaving my family and pets. I feared what was ahead of me. The pain never fully leaves my body at any given time. I was adjusting to the IRF schedule attending physical and occupational therapy sessions, doing as asked and getting along with fellow patients. My family visited daily but I was sad missing my pets. When WOW on Friday, in walks BEAUX, the therapy dog! I thought I was dreaming until he came over and I touched him. It's like he knew I needed him. He turned his eyes up to me and seemed to tell me "everything is going to be Ok". "Your dogs know you need this and they are OK". Beaux was the best medicine I could have ever been given. I could handle anything after that.

Beaux stayed with us through our therapy sessions going from patient to patient. We all got to enjoy him. When I returned to my room I began to sketch a picture of him while he was fresh in my mind. There was love for Beaux in every line I drew. I began counting the days until next Friday when I could see him again, knowing everything would be OK. Beaux made all the difference in my rehab experience. He reminded me that to do my best would be the necessary thing I could do to help heal myself. All Rehab centers should consider having a dog like Beaux to help patients adjust. Therapy dogs help you put your heart in the right place for Rehab!

Respectfully submitted on behalf of Beaux
Why Should an APTA Member Support PT-PAC?  
(Or how you can support your profession in Washington DC without ever leaving Louisiana)

So, what is a PAC anyways? The website OpenSecrets.org has the following explanation: “Political Action Committee (PAC) — A popular term for a political committee organized for the purpose of raising and spending money to elect and defeat candidates. Most PACs represent business, labor or ideological interests...PACs have been around since 1944, when the Congress of Industrial Organizations (CIO) formed the first one to raise money for the re-election of President Franklin D. Roosevelt. The PAC's money came from voluntary contributions from union members rather than union treasuries, so it did not violate the Smith Connally Act of 1943, which forbade unions from contributing to federal candidates. Although commonly called PACs, federal election law refers to these accounts as "separate segregated funds" because money contributed to a PAC is kept in a bank account separate from the general corporate or union treasury."

Obviously we have a PAC to support the ideological interest of physical therapy and it’s called the “PT-PAC” Just as obviously every other health care provider organization has a PAC to support their interests. In order for our voice be heard among all the other health care groups in Washington, DC we must support the PT-PAC. The PT-PAC is essential in providing access to Members of Congress and their staff so APTA staff, PT’s and PTA’s can talk about the issues that impact their profession. PAC’s are not only for electing and defeating candidates, they are for educating those candidates and their staff about physical therapy. If PT-PAC has the financial resources from its members, we can send APTA members and its lobbyists to educate and build relationships with Members of Congress and their staff. PACs are the only resource we have which guarantees access to our Members of Congress and potential members.

Please consider how you can support the PT-PAC. There are various levels of support and wouldn’t it be great if everyone could donate at the $500 eagle level. But if you can’t give $500, give $100. If you can’t give $100, give $25. Do not make the mistake of thinking your $ don’t count in advancing our profession. Unfortunately only 11-14 % of APTA members contribute to their PAC. We can do better than this! Your PT-PAC is not something to run away from, rather it is something you should embrace because in advancing our profession in Washington DC we are also advancing our patients access to us.

It’s very easy to donate, go to the PT-PAC website at www.ptpac.org or contact Michael Matlack at michaelmatlack@apta.org.

Finally, I’d like to say a big thank you to the members at the state meeting who responded positively to my plea’s for contributions and I hope you’ve make them.

Please contact me at revdrpaul1@cox.net if you have any questions regarding the PT-PAC.

Written By: Paul Hildreth, LPTA PT-PAC Rep
*****PT-PAC PLEDGE*****

REPLY MEMORANDUM

I understand the need for PT-PAC to be in a strong position to help candidates who are responsive to the physical therapy profession's goals and viewpoints. Enclosed is my 2012 PT-PAC contribution of:

____$5,000  ____$2,500  ____$1,000  ____$500  ____$250  ____$100  ______Other
(Platinum)  (Diamond)  (Double Eagle)  (Eagle)  (Capitol)  (Century)

_____ Check Enclosed.

_____ I would like to pay with my credit card the following amount ____________.
    (Credit Card # ___________________________ Expiration Date ________________)
    Corporate or Personal Credit Card (Please circle one)

_____ I would like to pay in _____ installments of ____________. My first check is enclosed.

_____ I would like to pay in _____ installments of ____________ on my credit card.
    (Credit Card # ___________________________ Expiration Date ________________)
    Corporate or Personal Credit Card (Please circle one)

(Please make checks payable to PT-PAC. Personal checks and credit cards preferred.)

Federal law requires that we request the following information:

Signature____________________________________________________________________
    I am a U.S. Citizen or Permanent Resident

Employer____________________________________________________________________

NAME_________________________________________________

ADDRESS__________________________________________________________________

CITY_____________________STATE______________ZIP_____________________

Direct Contributions Via Phone: 1/800-999-2782, ext. 3163 or Fax: 703/706-3246
Contributions can be sent to the following address:
PT-PAC, 1111 North Fairfax Street, Alexandria, VA  22314
Louisiana Physical Therapy Association

2nd Sports Medicine Symposium
Spring Meeting — Lafayette, LA
March 15-17, 2013 @ Lafayette Hilton

Tentative Schedule of Events

Friday, March 15, 2013: Lumbar Spine Injuries in Athletes (3 CEU hours)

1:00-2:30 pm — Lumbar Surgical Considerations, Henry Eiserloh, MD
2:30-3:30 pm — Diagnostic Testing and Epidural/Facet Injections, Kevin Martinez, MD
3:30-4:00 pm — Thinking Beyond Core Stabilization, Joseph Shine, PT, COMT

Saturday, March 16, 2013: Cervical Spine and Upper Extremity (7.5 CEU hours)

8:00 am — Cervical Injuries, Discectomy vs. Fusion, Najeeb Thomas, MD
9:00 am — Shoulder: SLAP, Bankart, Biceps Tendon, Differential Testing, Brett Cascio, MD
10:00 am — Elbow Injuries, Tommy Johns and Radial Head Fracture, Luis Espinoza, MD
12:00 pm — LPTA Business Lunch
1:00 pm — Hand Injuries and Treatments, Eric George, MD
2:15 pm — On the Field Handing of Stingers and Shoulder Dislocations, Greg Stewart, MD
3:15 pm — Concussion Screening, Treatment and Return to Play, Greg Stewart, MD
4:20 pm — Pain Management for the Athlete, Michael Zeringue, MD

Sunday, March 17, 2013: Cervical Spine and Upper Extremity (3.5 CEU hours)

8:00 am — The Professional Athlete: Shoulder Rehab, Scottie Patton, ATC, New Orleans Saints
9:00 am — Elbow Rehab, Beau Lowery, PT, ATC, New Orleans Saints
10:15 am — Condition of the Athlete, Rusty Whitt, Strength & Conditioning Coach, ULL Ragin Cajuns
11:30 am — (Optional) Ethics Course (2 CEU hours, required by March 30, 2013)

LPTA Members!

The Louisiana Physical Therapy Association now has a Yahoo Group to discuss current “hot topics” in Physical Therapy!

Have something to say? Join now!
http://health.groups.yahoo.com/group/LPTA/
Tell us how you and your company celebrated October’s National Physical Therapy Month!

Submit pictures and a blurb of your celebrations and we will post in the next issue of the Bayou Bulletin