President’s Message

Vision 2020

As I prepare for my first House of Delegates meeting as president, I am reading through some of APTA’s core documents, such as Vision 2020, Code of Ethics, Guide to Professional conduct, etc. As I continue through these documents I start to objectively measure in my mind our achievements as we are nearly half way to the year 2020. There is certainly some evidence that we are making strides at the national and state levels. Below you will find the APTA’s Vision 2020 Vision Sentence and the six pillars of Vision 2020. I have also included my assessment of where we are relative to the six pillars of Vision of 2020 in Louisiana and updates from the national level.

By 2020, physical therapy will be provided by physical therapists who are doctors of physical therapy, recognized by consumers and other health care professionals as the practitioners of choice to whom consumers have direct access for the diagnosis of, interventions for, and prevention of impairments, functional limitations, and disabilities related to movement, function, and health.

Autonomous Practice

- This idea of autonomous practice is difficult to define, however I will discuss some ideas to think about when looking at defining autonomous practice. One idea is that autonomous practice may be achieved when physical therapists make decisions about patient care and their profession through active involvement in leadership positions. I feel we will become autonomous when we can make decisions about all factors influencing the profession of physical therapy such as advocacy, education, practice, etc. From a purely clinical viewpoint, I think we will begin to achieve autonomous practice when our collaboration with other health care providers increases and we gain the respect of a doctoring profession. I believe we are making strides in the right direction, but just as this is hard to define, it is hard to measure.

(Continued on page 3)
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www.lpta.org

UPCOMING EVENTS
Mark Your Calendar NOW!

2009

September 18-20
2009 LPTA Fall Meeting
Crowne Plaza
Baton Rouge, LA

LPTA MEMBERSHIP UPDATE
Please continue to encourage your fellow PTs, PTAs and students to join or renew their APTA/LPTA membership!

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<td>25</td>
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Bayou Bulletin May/June 2009
Direct Access

- Forty four states and the District of Columbia now have some form of direct access. As you know, we in Louisiana have a restricted form of direct access. I would encourage each LPTA member to familiarize themselves with rules of regulations of our practice act in an attempt to more effectively utilize our current law to maximize the services you provide to the citizens of Louisiana. There has been Medicare Direct Access legislation introduced to congress once again, this time with more original cosponsors than ever. We currently have seventy eight cosponsors in the House and six in the Senate. This will continue to be an ever increasing area of interest as we are predicted to have a shortage of health care providers in the coming years and that will require additional portals into the health care system.

Doctor or Physical Therapy

- I am proud to announce that LSUHSC in Shreveport and New Orleans have graduated their first DPT classes as of last month. Please thank a faculty member for completing the work it took to transition Louisiana's school to DPT the program. Also congratulate a recent graduate and welcome them to our profession. It is noteworthy that 95% of the schools nationwide are accredited to award the entry level DPT degree. In addition to this, we have seventy one tDPT programs with 20,000 professionals enrolled in these post professional degree programs and 10,000 professionals having completed the tDPT program. It estimated that by the year 2015, there will be more DPT practitioners than PTs with baccalaureate and master's degrees.

Evidenced Based Practice

- We are on our way to having more evidence available to practice according to best evidence and guidelines. APTA has several web based portals to access evidence, such as Open Door, Hooked on Evidence, PEDRO, etc. The Orthopedic Section has begun creating evidence based guidelines based on the International Classification of Functioning and Disability in the following areas, with others to follow: heel pain – plantar fasciitis, hip osteoarthritis, neck pain. There are also many websites and groups that serve as resources for physical therapists looking for support and guidance in the evidence based practice arena. The challenge is that we as practitioners begin to understand and use the best available evidence to guide our current practice. I encourage each of you to set the home page on your computer to APTA's website for ease of access to Open Door (APTA's portal to Evidence Based Practice).

Practitioner of Choice

- According to CRT-Tanaka, the public relations firm that created our recently launched brand, physical therapists are viewed as the practitioner of choice for loss of movement and injury or pain. In addition, 90% of consumers had a very positive impression of physical therapists. This information was gathered through extensive surveying of the public and other health care providers.

Professionalism

- Professionalism, like autonomous practice, is difficult to define. My first thoughts are comparisons of a professional to an amateur. A professional carefully discovers what is needed and wanted. An amateur assumes what others need and want. A professional speaks, behaves and dresses to high standards. An amateur is sloppy in behavior and appearance. A professional produces more than expected. An amateur produces just enough to get by. A professional has a promising future. An amateur has an uncertain future. The first step to becoming a professional is to decide you ARE a professional. Are YOU a professional?

It is with these six pillars that we will achieve the goals set forth by our professional organization. As you can see, there is some definitive evidence illustrating we are on track with four of the six goals at this half way point to Vision 2020. The other two are items which require self assessment and personal reflection; however I have to believe that we are on our way to complete achievement of Vision 2020.

Bayou Bulletin                  May/June 2009
Why should a Physical Therapist work at Tulane Medical Center?

- 401(K) WITH
- 100% EMPLOYER MATCH
- FLEXIBLE SCHEDULING
- $2,000 Sign-on Bonus*

Tulane Medical Center has a rich history in New Orleans as one of America’s most acclaimed research, teaching and patient care hospitals. Our commitment to quality and excellence in patient care is a direct reflection of our exceptional team of healthcare professionals. To advance your career in a challenging and rewarding environment, you belong here!

Physical Therapists (FT & PRN)

You will work as part of a dynamic interdisciplinary team and will be expected to utilize your progressive and superior skills to help patients with diverse diagnoses. Ideal candidate will have a physical therapy degree from an accredited program; Louisiana physical therapy license; CPR certification; and at least 1 year of experience. New graduates will be considered.

Tulane offers competitive pay, and comprehensive benefits. For more information and to apply online, visit: www.tmccareers.com, or e-mail your resume to: angela.minga@hcahealthcare.com. EOE. Tulane Medical Center is a drug-free workplace.

www.tmccareers.com

*The $2,000 Sign-on Bonus is for full-time employees.
“Turn off the boob tube and go play outside!” This was something I heard regularly when I was growing up. The battle was Mom and Dad versus the television. Always the winners, my parents set firm limits to the amount of time I was allowed to spend “vegetating.” Today’s parents have a much tougher job, waging war not just against TV temptations, but also computers, X-boxes/Playstations/Wiis and portable electronic video and gaming devices.

Not surprising, then, that the average American child watches 17 hours of television every week. The typical US adult watches four hours per day, and the average home keeps a television on for seven to eight hours per day. Such statistics do not account for other forms of screen time, such as playing video games, watching movies or surfing the Internet. These countless hours take away from time that could be spent being active, and to make matters worse, are often accompanied by mindless eating. No wonder we’re getting bigger and unhealthier!

As physical therapists, we tend to be a pretty active bunch, so perhaps these statistics do not apply to us. Even so, many of us are probably guilty of bad habits such as watching TV during meals, falling asleep in front of the TV or allowing our children to have computers and TVs in their rooms. Certainly many of our patients struggle with their screen time habits. For ourselves, our children and our patients, what is recommended and appropriate?

ADULTS:
While there are no formal guidelines for how much TV or screen time is appropriate for adults, less is best. Plan your TV shows rather than watching mindlessly and set a time limit for computer or gaming time. Make sure to follow adult exercise guidelines from the American College of Sports Medicine and the American Heart Association: 30 minutes of moderate activity at least five days per week, plus strength training twice per week.

CHILDREN:
The American Academy of Pediatrics recommends children get no more than one to two hours of total screen time each day, and that children under two years of age should not watch television. (This includes Baby Einstein!) Children are never supposed to be inactive for more than two hours at a time, so break up screen time into bouts of 30 minutes. Make sure kids get at least one hour of exercise each day. If children need more time to “veg,” encourage alternatives such as crafts, puzzles or books.

FAMILIES:
Keep televisions and computers in common areas, not in bedrooms…and this applies to parents, too! Set limits on screen time for the whole family and keep each other accountable. Try using calendars, kitchen timers or written goals to help stay within your limits. Never use screen time as a reward or a punishment for children. Ban TV-watching during mealtimes to focus on family togetherness as well as appreciating the food itself.

Cutting down on screen time is one of the most effective ways for anyone to become more active, manage weight and live healthfully. It is simple advice that is often tough to follow. For overweight and obese patients, we must learn about their sedentary habits and provide appropriate guidelines for reducing these behaviors. More information is available at www.aap.org, www.acsm.org, www.americanheart.org and, of course, www.apta.org.
www.rrrpt.com

Making a difference one patient at a time….

River Region Rehab is a private locally owned free-standing outpatient Physical Therapy Clinic offering comprehensive spinal and extremity rehabilitation in two new state of the art 4,000 sq. ft. facilities, located in the River Parishes.

River Region Rehab is committed to providing the best Physical Therapy experience with the highest quality of care for optimal results.

We are looking for an energetic, motivated and compassionate Physical Therapist to work with our team of professionals in a dynamic outpatient setting. We offer a comprehensive benefits package with excellent salary, health insurance, retirement, paid professional dues / memberships and opportunities for advancement. Please send resume to:

riverregionrehab@yahoo.com

Coming Soon To The Fall Meeting!

PT QUIZ BOWL

Move Forward.
Physical Therapy Brings Motion to Life
You can have it all.


We understand what you really want out of a career in home health care. That on the day of your retirement, you can look back and see you’ve made a real difference in the lives of your patients—and your family. That you’ve reached your retirement goals. And that you’ve earned a salary that’s made all your hard work worth every minute.

At Amedisys, we’re looking for special clinicians exactly like you to set the standard in clinical excellence. Those who will one day raise a glass to Amedisys as they look back on their careers and smile.

Are you ready to find a workplace where you can reach your fullest potential? We’re ready for you.

HOT OPPORTUNITY

Recruiting now for full-time PHYSICAL THERAPISTS and PHYSICAL THERAPIST ASSISTANTS

To view or apply for a listing of positions available now, please visit www.amedisys.com or e-mail your resume to careers@amedisys.com.
CALL FOR AWARD NOMINATIONS

Nominations are being solicited to honor deserving persons who have made special contributions to the Physical Therapy profession in Louisiana. Retired or currently out-of-state Physical Therapists who have made lasting significant contributions to the profession are eligible for the LPTA Hall of Fame. Active Louisiana Physical Therapists are eligible for the Dave Warner Distinguished Service Award. Non-PT’s are eligible to be recognized as a Friend of Physical Therapy. Physical Therapist Assistants who have demonstrated outstanding achievement in clinical practice, community service and personal commitment to physical therapy may be nominated for the PTA Distinguished Service Award. Nominations should be submitted on office letterhead in the general format(s) described below.

Selection of the Friend of Physical Therapy and the Dave Warner Distinguished Service Award will be made by the LPTA Executive Committee. Specific recent contributions for the benefit of the profession or to society on behalf of the profession will both merit consideration. Hall of Fame inductees are elected by the LPTA Board of Directors. The PTA Distinguished Service Award is decided by an Awards Committee appointed by the LPTA President. If you know of a person who deserves consideration for one of these awards, please submit a nomination containing as much of the information called for in the applicable nomination format that you can obtain. Send to: LPTA, 8550 United Plaza Boulevard, Suite 1001, Baton Rouge, LA 70809, or by fax to (225) 408-4422 or by email to office@lpta.org.

DAVE WARNER DISTINGUISHED SERVICE AWARD

Nomination Format

Nominations should be submitted in the format below and should be limited to two pages in length.

1. Name of Nominee
2. Address
3. Number of years as licensed physical therapist.
4. Has the physical therapist been actively practicing in Louisiana at least 2 years?
5. Where is the nominee employed?
6. What type of position is held?
7. What has the nominee contributed?
   A. Through present job or past job if retired.
   B. Through any other level (APTA, publications, research, etc.)
8. In what way has the nominee contributed to community activities in the last 3 years?
9. In what other organizations does the nominee participate (professional or civic)?
10. In what way has the nominee continued his education during his professional career
    (graduate courses, course work, etc.)?
11. What other special interests or abilities does the nominee possess (art, literature, politics, fi-
    nance, etc.)?
12. Briefly summarize why you think the nominee merits consideration for this award.

LPTA HALL OF FAME

There is no set format for nominations. Nominations will be judged on their lasting impact on and contributions to the profession of Physical Therapy. Eligibility for this award is limited to:

1. Nominees who have belonged to the LPTA and APTA.
2. Nominees who practiced in Louisiana for at least 5 years.
3. Nominees who are retired or no longer work in Louisiana.
PHYSICAL THERAPIST ASSISTANT DISTINGUISHED SERVICE AWARD

Eligibility and Procedure

1. A nominee for the award must be a licensed PTA and member in good standing of the American Physical Therapy Association.
2. An individual may receive the award only once in a three (3) year period.
3. Nominations shall be submitted in writing to include name/contact information of the nominee and a written statement on how this individual is a worthy candidate specifically addressing the award criteria. The written statement must include name, signature and APTA membership number of the nominator.

Criteria for Selection

Outstanding achievements in delivery of care and/or service to the Association and Profession are demonstrated by:

1. Contributing professionally to the Louisiana Physical Therapy Association;
2. Serving the community through activities that enhance quality of life and function;
3. Representing and promoting the role of the PTA through education, practice, or research;
4. Promoting ethical standards and professional conduct among peers, patients, and students;
5. Pursuing professional development through continuing education (for example, courses, workshops, in-services, etc); and;
6. Encouraging patients, peers, or students to perform at, or strive to achieve their optimal potential.

FRIEND OF PHYSICAL THERAPY

Nomination Format

Nominations should be submitted in the format shown below and should be limited to two pages in length.

1. Name of Nominee.
2. Address.
3. Profession/Education.
4. What has the nominee contributed to the physical therapy profession over the last three years?
5. Hobbies, special interests/abilities, organizations, etc.
6. Briefly summarize why you think this nominee merits consideration of this award.

Deadline to submit a nomination is July 20, 2009. Awards will be presented at the 2009 Fall Meeting. Suggestions on how to improve this program are also welcome.
The employer of choice in contract and outpatient therapy for the entire southern states – Striving for excellence and not settling for less—building our success on integrity and an environment of innovation.

New Grads
Join our team and make a difference in the lives of everyone you come in contact with.

OUR EMPLOYEES ENJOY:
• Premium Salaries
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• Professional Growth
  • Career Ladders
• 401(K) with Company Matching
• $1,000 annual CEU Allowance
  • New Grad Scholarships
• Medical, Dental, Vision and Life Insurance
• Long and Short term Disability Insurance
• Commitment to Inservice & Clinical Education
• Over 50% of Management Promoted from within
• Sign-on Bonus & Relocation Assistance Available

Call Charity Halbert for details
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www.therapymgmt.com
Peak Performance Physical Therapy at the Life After 50 Expo

Peak Performance Physical Therapy took part in Baton Rouge’s “Life After 50 Expo” held at the River Center on Saturday, April 18th. This was Peak’s second year to participate in the event which drew almost 5000 attendees. The vast majority of companies featured in the event were medically related and ranged from home health and nursing home groups to orthopedic, neurological, cardiovascular, and digestive health clinics. The Peak staff took the opportunity to educate the ‘over 50’ population on physical and occupational therapy services such as balance training and fall prevention, aquatic therapy, and managing pain in order to maintain an active, healthy lifestyle.

From left to right Jason Pitre PT, DPT, Mona Breaux LOTR, CHT, and Erin Easterling PT, MPT prepare for participants at the Life After 50 Expo.

From left to right Jessica Chenevert PT, MPT, Erin Easterling PT, MPT, Ashley Fife PT, MPT, Jason Pitre PT, DPT, and Mona Breaux LOTR, CHT.

2009 Federal Advocacy Forum

In May, Billy Naquin, PT and Brian Soignier, PT from the LPTA were amongst two hundred physical therapists, physical therapist assistants, and students of physical therapy who marched on Capitol Hill to educate lawmakers about the critical need for patients to have improved access to physical therapy services. The group conducted approximately 350 visits with Representatives and Senators. APTA Board of Director member and LPTA’s own Sharon Dunn joined Billy and Bryan for the visits.

Left to right: Brian Soignier, PT, MPT, Sharon Dunn, PT, PhD, OCS, and Billy Naquin, PT, MBA, OCS
Student Speak

Mari Kantrow, SPT
Payton McCalmont, SPT

Officers, LPTA Student Special Interest Group

Calling all PTA Students!! We want your voice to be heard. We have come to realize the slight lack of diversity among the officers of our Student SIG. The future of our profession begins with great communication and solid relationships between PTs and PTAs. So it’s time that we, the PT and PTA students of Louisiana, collaborate efforts. Please join us as an LPTA Student Special Interest Group Officer. Elections for one PTA officer to join current SSIG officers will be held at this year’s LPTA Fall State Meeting in Baton Rouge. Please go to www.lpta.org and click on “Student SIG” for officer duties, application form, and election information.

Quiz Bowl Challenge – Fall Meeting 2009

Who: You and your 3 smartest friends (Open to Everyone)
What: LPTA’s First Annual Quiz Bowl Challenge
When: LPTA Fall State Meeting (following welcome reception)
Where: Baton Rouge, Louisiana
How:
1. Put on your creative hat and come up with your best team name and spirited attire.
2. Go to www.lpta.org and click on “Student SIG” for application form and rules of play.
3. Mail in your application by August 15th to:
   Payton McCalmont
   258 Clinton Dr.
   Stonewall, LA 71078
   4. Bring your application fee ($40/team) and your game face.

Proceeds will benefit the PT-PAC

CALLING ALL LOUISIANA PT/PTA EMPLOYERS

The LPTA Student Special Interest Group wants you to help us help you. Starting in the fall of 2009, the SSIG will begin providing a biannual job listing resource to near graduation students seeking employment in Louisiana. For $50, your place of employment can advertise job listings in this publication. The publication will be distributed at fall and spring state meetings, emailed to students in a PDF format, and posted on the LPTA website. Information for the fall and spring listings is due by August 1, 2009 and January 15, 2009, respectively. For more information regarding this opportunity, email Payton McCalmont, SSIG president, at pmccal@lsuhsc.edu.
Pocket Guides and Related Materials

APTA, in collaboration with APTA Sections or individual member experts, is developing Pocket Guides as handy resources for members when focusing on physical fitness for a variety of patient populations with conditions that impair their ability to safely and effectively participate in exercise and physical activity programs. To date, Pocket Guides have been completed addressing the populations of those post-stroke, older adults at risk for falls, and individuals with type 2 diabetes.

You’ll find more information by following the following links on the APTA website:

Home → Areas of Interest → Practice → Clinician Resources → Physical Fitness for Special Populations → PFSP Pocket Guides

These are really great tools! Check them out!

Fall Meeting Motions

If you would like to make a motion for the Fall Business Meeting please send the motion to the LPTA office by July 15th. You can email it to office@lpta.org or mail to LPTA, 8550 United Plaza Blvd., Ste. 1001, Baton Rouge, LA 70809.

CALL FOR NOMINATIONS

The Nominations Committee is accepting nominations for the following offices: Chief Delegate, 2 delegate positions, and PTA Caucus Representative. Please submit your nominations to Anna Means by Wednesday, July 13, 2009. Candidates will need to submit a candidate statement that will be published in the July/August issue of the Bayou Bulletin. Please contact Anna Means at ameans@edgephysicaltherapy.com or (318) 841-0696 (office) if you would like to make a nomination, self-nominate or if you have any questions on these positions. We welcome and encourage your participation and look forward to a full ballot.
PHYSICAL THERAPY PROVIDER NETWORK (PTPN)

INVITES NEW MEMBER APPLICATION

Physical Therapy Provider Network, Inc. (PTPN), the oldest and largest rehabilitation network in the United States for private practice therapists, has been in operation for nearly two decades in Louisiana. PTPN is presently made up of physical, occupational, and speech therapists in independent practice and its members include nearly 100 clinics geographically distributed throughout the states of Louisiana and Mississippi. It is PTPN’s mission to maximize the independent therapist’s profitable and clinically effective participation in healthcare.

PTPN member clinics gain quantifiable value from their PTPN Membership. The greatest value they report is access to more patients and more revenue through PTPN’s many contracts with payers. In addition, PTPN members save money through PTPN’s handling of contracting and credentialing functions and through negotiated discounts on brand name supplies and services – from liability insurance to gym equipment. The PTPN network of providers is marketed to payers on the local, statewide, and national levels in order to give our members the broadest base of business possible. In addition to insurance contracts, PTPN is on the forefront in programs that position private practitioners as successful leaders through the shifts happening within the healthcare industry.

- We engage in active legislation and regulatory advocacy on behalf of PTPN members, including our own lobbyist in Washington and an online Political Action Center that lets PTPN members easily contact our federal representatives on important issues that face our profession. Locally, PTPN is an active member of LABI (Louisiana Association of Business and Industry), LAHP (Louisiana Association of Health Plans), LBGH/LHCA (Louisiana Business Group on Health/Louisiana Healthcare Alliance), and LASIE (Louisiana Association of Self Insured Employers). Our role in these organizations allows private practitioners to collectively have their voice heard as one.

- We believe that cash based programs will provide additional revenue for our member clinics. PTPN’s national consumer brand, “Physiquality”, exclusive to PTPN clinics for cash pay and wellness services and products, is available to counteract the downward pressures on insurance reimbursement by capturing a share of the cash-paying consumer market. Our goal is to boost business, expand practices, and generate new streams of revenue for our member clinics.

- We have spearheaded a statewide outcomes measurement program specific to physical and occupational therapy powered by FOTO (Focus on Therapeutic Outcomes) for PTPN members to get payer and consumer attention and to ensure provider efficiency and patient satisfaction within our member clinics.

PTPN is a different type of rehab network, one that stands above the others in today’s turbulent marketplace – a network of independent therapists that payers and patients rely on for integrity, stability, and quality. We welcome and encourage your membership and your belief in private practice.

PTPN is located at 4521 Jamestown Avenue, Suite 1, Baton Rouge, LA 70808. Any interested therapist should contact Executive Director, Kim Bueche Hardman, at 225-927-6888 or kbueche@ptpnla.brcoxmail.com for details. Visit our website at ptpn.com.

Have you:

- Scaled Mount Everest
- Completed your first marathon
- Achieved your personal best triathlon time
- Welcomed your first child, (or grandchild)
- Welcomed your second child, or third child, or...
  - Became a Godparent
- Took a fabulous trip to Russia
- Rode in a Mardi Gras parade
- Lost some difficult-to-shed pounds

Tell us about it! Send us your stories to office@lpta.org. Don’t forget to include your contact information.
Be Found

Help potential patients and clients find you...

Are you using APTA’s **FREE** member benefit to promote your expertise to potential patients and clients? Distinguish your scope of practice from other physical therapists in the area.

Find a **PT**

Sign up online at www.apta.org/findapt.

American Physical Therapy Association
The Science of Healing. The Art of Caring...
New Red Flag Rules

Physical therapists and other healthcare providers who provide services to patients without requiring those patients to pay in full at the time of service, will need to comply with new "Red Flag Rules" that require the development of an Identity Theft Prevention Program as of May 1, 2009. Medical identity theft occurs when someone uses a person’s name and other parts of their identity, such as insurance information, without the person’s knowledge or consent to obtain medical services or goods or to make false claims for services or goods. The Federal Trade Commission has indicated that these rules will apply to physicians, other healthcare professionals, and providers. The American Medical Association has requested the FTC to suspend the May 1 deadline for application of the red flag rules to physicians and other healthcare professionals. For more information regarding compliance with these new rules, contact Monica Billger at monicabillger@apta.org, or go to the following link on APTA's website: http://www.apta.org/AM/Template.cfm?Section=Fraud_and_Abuse&Template=/MembersOnly.cfm&ContentID=57432&Token=4CABA3A5-463E-4CBF-833D-0B044F99DD6B

Special Thanks!

In this session of the Louisiana State Legislature HB 773 by Rep. B urford, which provides for the revision and restatement of the Physical Therapy Practice Act of Louisiana, was presented to the House of Representatives without any difficulties. However, when presented to the Senate committee it was met with some challenges. As of this writing the bill has made it out of committee and is to next be presented on the Senate floor.

There are several LPTA members who are following this bill, and we are grateful and appreciative of their interests and concern. In particular, we would like to give our most sincere thanks to the following individuals who continue to give of their time and energy, at times on very short notice, to ensure that our best interests are known and represented in Baton Rouge:

From the LPTA- Sharon Dunn, Paul Hildreth, Greg LeBlanc, Paul Lamothe, Billy Naquin, David Qualls, David Tatman

From the LSBPTE- Glenn Ducote, Cheryl Gaudin, Darrell Hunt

For more information on this and other bills, as well as issues affecting our profession please contact our lobbyist, David Tatman, at david@tatmangroup.com.
I, Danny P. Landry, had the honor of attending the APTA’s House of Delegates meeting this past week as an observer from the Gallery of the House. The Speaker of the House would bring up the motions and the Delegates would amend and debate the motions followed by a vote of the House on the motion at hand. I was able to meet the Board of Directors and other personnel of the APTA who were all active in the many meetings held throughout the week. I also attended the PTA Caucus meetings and met the PTA delegates and the Officers of the Caucus. The experience of the House of Delegates was amazing. I was excited to see our Leaders at work and the topics of discussion that pertained to our profession. I was amazed to see the Association at work and how many topics of discussion that were debated, amended and voted on within the House.

I was able to take some time and visit Washington and all its Monuments as well as the Changing of the Guard at the Tomb of the Unknown Soldier. I found it ironic to be seeing for the first time the history, the service, and the area where our congressional leaders meet to address the laws of this country and at the same time visiting the House of Delegates of the Association where the many issues of our profession are discussed and debated. I was able to experience the professionalism of our Leaders and the job they perform within the House of Delegates. I found it exhilarating to listen to the ideas, concerns and amendments of the participants in their discussion on the many issues facing our profession today.

I have at times during my career often wondered whether the Association was doing anything for me and whether it was important enough to be involved as a member or not. Well, I am here to say to all of you today that the Association is absolutely hard at work for this profession of Physical Therapy. If you need the proof then I suggest you at least attend a House of Delegates meeting and you will see for yourself the hard work that is put into the topics of concern and how the process works to amend them. I have come to understand “Roberts Rule of Order” and the Parliamentarian Procedure on how and which the House operates. I was proud to sit amongst the professionals of the APTA and observe them at work. I came away from this meeting with pride and the new found respect for the Leaders of this Profession. The PT’s & PTA’s that were giving of their time and energy to participate and represent us was inspiring enough for me to want to become more involved and to be part of need to educate others on the importance of membership in the APTA.

I ask each of you who might ask what is your association doing for you and whether to be a member or not to seek out the information available to you from the HOD and if able attend a HOD meeting and you will see for yourself that the APTA is absolutely at work for each of us and the profession is moving forward because of the dedication of our Leaders and the Commitment from all that serve us. I could not be more grateful for the opportunity to have experienced the HOD and hope I have expressed it through this story of my trip to Baltimore & Washington. Greg, Kinta, Gail, Kitty, David, Sharon, Paul, Jerry and too many others to mention, I thank you for the opportunity and appreciate your efforts and Leadership you offer to this profession and the APTA.

To all other members and non-members I ask you to renew and or join to support and get involved within the APTA and let us all move forward in the field of Physical Therapy.

Sincerely,

Danny P. Landry, PTA

For only a little more than a dollar a day...

On average for $1.15 a day your APTA/LPTA membership provides, among many things, support for your professional interests on both the state and federal levels, information on the latest news and products for physical therapy, and assistance to keep reimbursement levels from plummeting.

Ask a non-member to join today to help keep our profession strong and thriving. We need everyone’s support!

*Represents APTA/LPTA dues for a physical therapist without section membership.
Planning for PT Month

Now’s the time to start planning for YOUR PT Month activity! If you’re not sure what to do this year you can look at what other chapters have done. Some of their ideas are pretty creative!

For instance, PTs from the inpatient department at Northeast Rehabilitation Hospital in Salem, New Hampshire, collected clothing donations for patients, walked to raise money for the New Hampshire Brain Injury Association, and posted information throughout the hospital about the profession of physical therapy and healthy tips to “keep moving.” The PTs also held a lunch time “Game Show Extravaganza” to educate staff on the physical therapy profession.

The APTA makes it easy for us to use our new brand to spread the news about physical therapy this coming PT Month. There’s information geared towards the consumer and more! Simply go to www.moveforwardpt.com.

For more ideas on how to celebrate PT month you can also go to the apta website: Home → Events → National Physical Therapy Month → Public Resources.

LPTA Spotlight:
Jerry Allgood, PTA

This month’s spotlight shines on Jerry Allgood, PTA, from Lafayette. Jerry has been living in Lafayette since he was six years old, originally hailing from Savannah, Georgia. After graduating from Delgado Community College he has been a PTA since August 2005, having worked as a physical therapy technician prior to becoming a PTA. Jerry currently works at Rehab Solutions in Lafayette where he has been practicing since January 2007.

Jerry is been a member of the LPTA/APTA, as well as the Home Health Care, Acute Care and Geriatrics Special Interest Sections. Since late 2007 he has served as the LPTA PTA Caucus representative to the APTA. He says he really enjoys working with the governmental body of the APTA and the PTA Caucus.

A proud papa, Jerry has 4 children: Corey, 14, Zoe, 5, Michael, 3, and Madison, 1. He and his wife, Sonya (who is an occupational therapist), will soon have a special Christmas gift this year with the birth of their 5th child. The rest of his family members, (his parents, younger brother, 2 nephews and niece), also live in Lafayette.

Live music, yard work and playing with his kids are some of Jerry’s hobbies. He also enjoys spending time at the beach, so much so that he will acquire gills before long! Actually, at the end of June Jerry will become certified SCUBA diver.

Thank you, Jerry, for your willingness to serve our association, and your willingness to be in this month’s LPTA Spotlight!
APTA Election Results

At the recent House of Delegates several members were elected to positions in the APTA. Here are the election results:

**PRESIDENT:** R. Scott Ward (incumbent)

**VICE PRESIDENT:** Paul A. Rockar (formerly on the Board of Directors)

**BOARD OF DIRECTORS:**
- Aimee B. Klein (incumbent)
- Kathleen K. Mairella
- Mary C. Sinnott
- Nicole L. Stout

**NOMINATING COMMITTEE:** James E. Hughes

Members Putting the “Physical” in Physical Therapy

On April 5, 2009 the LPTA was well represented by several members in the Half Ironman 70.3 New Orleans, which was the only Ironman 70.3 qualifier in a five state region of the south. Consisting of a 1.2 mile swim, a 56 mile bike and a 13.1 mile run, the event included a total of 70.3 miles of professional and age group athlete competition.

On behalf of the LPTA we are proud to congratulate and applaud all LPTA participants. Among those physical therapists that competed were Lee Couret, Brad Foster, Lisa Guillory, Robbie Hughes, Anna Means (who took 5th in her age group), Emily Roe and Trent Wierick.

Lisa Guillory, PT

Brad Foster, PT

Left to Right: Anna Means, PT and Emily Roe, PT

Trent Wierick, PT
Iron Mountain Half Tri PTs

Anna Means and Emily Roe continued on their triathlon trek up in Conway, Arkansas for the Iron Mountain Half Tri on June 6. They both took home hardware with Anna taking 1st place overall, and Emily taking home the 3rd place overall prize! Way to go, ladies!

If there are other LPTA members who might have participated in these or other events please let us know so that we may recognize them in the next issue of the Bayou Bulletin.

Did you know…

Every day the APTA is represented on Capitol Hill with the presence of our lobbyists? The APTA even hired additional lobbyists to help keep our profession in the forefront of policymakers, according to APTA President Scott Ward. On the local level the LPTA is strongly represented by our lobbying team, headed by David Tatman, towards the same end. This is of extreme importance in these times of health care reform!

We need to continue to have our voice heard! Whether you are a member or a nonmember of the APTA/LPTA, as a physical therapist YOU will be impacted! That’s the bottom line!

If we are to have a chance to be “seated at the health care reform table” the APTA/LPTA and the PT PAC need YOUR support! Encourage those physical therapists who are nonmembers to join the APTA/LPTA! And donate to the PT PAC!

Feel free to contact Beth Ward, LPTA Membership Chairperson at msred345@aol.com, and Billy Naquin, PT PAC Chairperson at brnaquin@charter.net.

We sincerely thank you for your consideration and support!
In Memoriam

Robin Remmelts Childs, PT
Died Friday, June 12, 2009. Native of Grad Rapids, MI, and a resident of Mandeville, LA for the past 15 years.

Dennis Driver, PT, DPT, OCS, MTC, FAAOMPT
Dr. Dennis Driver, Assistant Professor of Physical Therapy at LSUHSC SAHP New Orleans died Saturday, June 6, 2009 following an acute illness.

Ann Debaillon Harris, PT and Michael Harris
Former LPTA member Ann Debaillon Harris, PT and her husband, Michael Harris, were both onboard the recent Air France flight that crashed into the Atlantic en route to France from Brazil.

APTA Virtual Rally for Health Care Reform
Wednesday, June 24, 6:30pm – 8pm CST

Everyone is talking about it. Join APTA in doing something about it. PARTICIPATE in this special APTA online advocacy event and be a part of the national health Care Reform debate from the comfort of your own home!

APTA is dedicated to bringing greater awareness of the current health care reform debate to its membership as well as highlighting the association’s priorities, plan, and position on comprehensive health care reform as it is being debated in Congress.

APTA supports a number of themes that coincide with the broader health care reform debate, including expanded coverage, payment reform, guarantee issue, workforce, research, health information technology, and prevention. We look forward to strengthening our influence through your advocacy efforts during this important and historic time in health care reform.

For more information, please go to www.apta.org/virtualrally.
CALL FOR ABSTRACTS
2009 FALL MEETING

- ABSTRACTS are requested from persons wishing to make poster or platform presentations of original research and case studies.

- Instructions for preparing and submitting an abstract are provided on the LPTA website (www.lpta.org—click on Meetings) or call the LPTA office at (225) 922-4614. The deadline for submission is Friday, August 7, 2009.

Please plan to attend these presentations on Friday, September 18, 2009 and show your support for our profession and research in the state of Louisiana.
International Summit on Direct Access and Advanced Scope of Practice in Physical Therapy

October 22-24, 2009  Washington, D.C.

Hosted by:

World Confederation for Physical Therapy

Canadian Physiotherapy Association

American Physical Therapy Association

As an international health field, physical therapy has emerged as a leading discipline to improve the health and quality of life for individuals. The International Summit on Direct Access and Advanced Scope of Practice in Physical Therapy will present the latest research, best practice models, and recommended policies for direct access and advanced practice in physical therapy.

The cost for the 2-day program is $375 Canadian dollars (approximately $399 US). Register at www.directaccesssummit.com. The summit will take place at the Gaylord National Hotel and Convention Center, National Harbor, Maryland. To make a reservation, go to www.gaylordnational.com, or call 301/965-4000. To receive special conference rates of $199, please use group code X-AMPS9. This offer is good through September 22, 2009.

Questions? Please e-mail advocacy@apta.org.

Meiners Makes the APTA News

Lisanne Meiners recently wrote a column in the May issue of the APTA magazine for new professionals, Perspectives, wherein she speaks on the topic of mentoring. She mentions the APTA mentoring programs, “Members Mentoring Members” (MMM) and the student mentoring program, “Student Mentoring: Achieving and Reaching Together” (SMART), and the importance of choosing a good mentor.

Please check it out at:

http://www.apta.org/AM/Template.cfm?Section=Perspectives_Magazine1&Template=/MembersOnly.cfm&ContentID=57788

(By the way, the magazine altogether is great!)

Thanks for representing the LPTA well, Lisanne!