President’s Message

Health Care Reform: A PT Perspective

It is quite obvious that one of President Obama’s main platform promises during his campaign and objectives since being elected as our 44th president is comprehensive Health Care Reform. As physical therapists, we have the potential to be affected three fold. We are obviously health care providers, but in addition to that we are patients and tax-paying citizens. This very fact makes it vitally important for us to remain informed and actively engaged during this process. Let’s take a look at some of the issues and solutions that have been offered.

When there is comprehensive assessment of health care systems, three important areas that are typically measured are access to care, quality of care, and cost. The World Health Organization (WHO) reports, “The United States spends more per person on health care than any other country, yet in overall quality its care ranks 37th in the world”. It appears that there is certainly a quality issue for the amount of money we are putting into the system. Speaking of money, there are approximately 40 million Americans who are uninsured. “Why?” you ask. My guess would be the cost of insurance premiums. Just over 10 years ago, 60-70% of small business owners offered health care insurance to their employees. Now only about 30% offer this benefit to their employees.

President Obama is advocating broader insurance coverage for all Americans through a government sponsored health insurance plan, among other options, all aimed at improving the health care system in America. Opponents have several concerns with the president’s plan which include, but are not limited to, how to pay for a government sponsored plan and how to provide access with our current shortage of primary access points into the health care system.

Just recently, I along with several other PTs attended a town hall meeting hosted by Dr. Bill Cassidy, who is the US Representative from the 6th Congressional District. There was literally standing room only at the gathering, with my guess of greater than 200 people in attendance. I am not sure if all of those people were excited, terribly afraid or interested in being part of the process, but they were present to listen, ponder new ideas, and even offer some thoughts on the process. He discussed the current state of affairs and presented an alternative solution to the problem. He advocated the continued growth of Health Savings Accounts (HSAs) to decrease cost by encouraging patients to seek out more cost effective approaches to their health care. Additionally, he suggested participation in more wellness activities in order to limit the presence of chronic diseases, such as diabetes, in our

(Continued on page 7)
LPTA MEMBERSHIP UPDATE

Please continue to encourage your fellow PTs, PTAs and students to join or renew their APTA/LPTA membership!

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Candidate for Chief Delegate:

David Qualls, PT

Over 14 years ago, I walked into my first APTA House of Delegates. As I sat in the gallery, I was amazed at the depth of discussion. I was also surprised at the friendliness of the others in the gallery and their willingness to explain what was going on. My first House of Delegates was definitely a positive experience.

For the next four years, I continued to serve LPTA as an Alternate Delegate, most years just because I was present. Each year I visited I was more amazed. That experience stimulated me to run for a Delegate position and fortunately you have allowed me to serve the past ten years. I have enjoyed each year.

Each year is different and unique but important. There are times I get aggravated and frustrated with the length of discussion or spending too much time choosing words or punctuation. Certain issues are more important to some Delegates than others but all must be considered.

Serving as a Delegate is one of the most important positions one can be elected to. Delegates, year after year, decide the issues and set the policy for our Association. Issues relating to practice, reimbursement, education and ethics are discussed, to name a few. All these areas are important in our day-to-day practice.

Because I have been honored to serve LPTA as a Delegate for the past ten years, I feel I am ready and qualified to be your Chief Delegate. I have served with several excellent Chief Delegates over the past fourteen years and have learned from each. The Chief Delegate responsibilities are now year round in our new governance structure. The Chief Delegate is responsible for discussing issues locally and nationally with the other component Chief Delegates. The Chief Delegate is also responsible for organizing the LPTA Delegates and making arrangements for our annual meeting for discussion of issues prior to the APTA House of Delegates.

I am ready to accept this challenge so I ask for your vote and support for LPTA Chief Delegate. I will do my best to represent you and your interest as a member of LPTA and one of your Delegates. Please give me the opportunity to serve as your Chief Delegate.

Candidates for Delegates:

Allison Daly, PT, DPT

Over the past three years as a student physical therapist, I have had the pleasure of serving our professional association in a number of capacities that have allowed me to develop my leadership skills and gain an understanding of the importance of professional advocacy in moving the profession forward.

As I begin a new chapter in my life, I hope to continue to serve the professional association and further develop my leadership skills. I am currently seeking the opportunity to continue my involvement through serving as a delegate to the Louisiana Physical Therapy Association. I have been active at the local, state, and national levels serving as the president of the DPT class of 2009 at LSUHSC-New Orleans, the student class representative to the LPTA Board of Directors, Co-Founder of the Louisiana Student Special Interest Group, Member of the APTA Student Assembly Nominating Committee, and APTA Student Assembly PT-PAC Representative. I have thoroughly enjoyed my involvement as a student, coming to understand the importance of leadership and service, as well as the benefits of networking.

In the summer of 2008, I had the opportunity to attend the APTA House of Delegates in San Antonio, TX as a Student Usher. It was incredibly inspiring to observe so many of our profession’s leading names in action. I had the opportunity to meet many of the authors of my physical therapy books and speak with them about house resolutions and current topics in the profession. The LPTA delegates invited me to the southern caucus, where I was further exposed to the process of the HOD. I thoroughly enjoyed my experience at HOD 2008 and I look forward to using the knowledge and experience I gained in future service to the profession.

Currently the average age of delegates that make up the APTA House of Delegates does not reflect the average age of an APTA member. Our profession is rapidly changing and if we want embrace our brand tag line, “Move Forward”, we need to embrace the younger generations, teach them about the importance of being actively involved, create an environment to develop leadership skills, and mentor them along the way. I have been fortunate to find mentors who are extremely passionate (Continued on page 7)
Attention all LSUHSC-Shreveport Graduates

The part-time DPT program we offer for BS and MPT graduates is being phased out. If you want to enroll, this fall semester is the last opportunity to begin the curriculum. All students enrolled by the fall 2009 semester will have the opportunity to finish their DPT degree. Interested individuals should send a letter of inquiry to sdunn2@lsuhsc.edu. Registration is August 17 and the last day to add a course is September 1, 2009.

ABSENTEE VOTING INSTRUCTIONS

Members of the voting body can vote absentee if they are unable to attend the Fall Meeting. The procedure for voting absentee is as follows:

1. A voting member may request a ballot from the Chapter office.
2. Information concerning all candidates on the ballot will be enclosed with the ballot sent to members.
3. Each absentee voter shall seal their ballot in the envelope with no mark of identification and enclose it in another envelope bearing their signature and address. This envelope must be received by the LPTA office no later than three (3) days prior to the election (September 16)

Please contact the LPTA office at (225) 922-4614 to request an absentee ballot.

Members News


Exciting news:
- Jennifer and husband, Wayne, welcomed the birth of first child on February 18, 2009: Jeremiah (7lbs, 2oz)
- Jennifer graduated from LSU Baton Rouge with PhD in Kinesiology, May 2009
- Jennifer joined faculty as Assistant Professor at LSUHSC-S; SAHP Department of Physical Therapy, May 2009
- Jennifer maintains ownership of Therapeutic By Design Physical Therapy in Baton Rouge, LA (Physical Therapy, Occupational Therapy, Speech Therapy, Massage Therapy, Wellness Services).
Join the STAT Home Health Family ...

STAT Home Health understands the importance of family and offers its family of employees the flexibility, stability and job satisfaction they need. STAT has full-time, part-time and contract PT and PTA positions available throughout the state that offer:

❖ Lucrative Sign-On & Retention Bonuses (additional sign-on bonus for relocation to Alexandria, LA)
❖ Growth Opportunities
❖ Growing Team of Industry-Leading Professionals
❖ Locally Owned & Operated
❖ Job Stability in a Time of Economic Uncertainty
❖ Flexible Schedules
❖ Great Benefits Package (401k, Accrued PTO, Mileage Reimbursement, Extensive Insurance Package (Health, Dental, Vision & More)
❖ Benefited 30-Visit Work Week

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 Houma ❖ Krotz Springs ❖ Lafayette
 LaPlace ❖ Minden ❖ New Orleans
 Ruston ❖ Shreveport

To inquire about positions in your area, contact David Johnson, Director of Therapy Services at 225-769-4764 or email djohnson@stathomehealth.net.
Why should a Physical Therapist work at Tulane Medical Center?

- 401(K) WITH 100% EMPLOYER MATCH
- FLEXIBLE SCHEDULING
- $2,000 Sign-on Bonus*

Tulane Medical Center has a rich history in New Orleans as one of America’s most acclaimed research, teaching and patient care hospitals. Our commitment to quality and excellence in patient care is a direct reflection of our exceptional team of healthcare professionals. To advance your career in a challenging and rewarding environment, you belong here!

**Physical Therapists (FT & PRN)**

You will work as part of a dynamic interdisciplinary team and will be expected to utilize your progressive and superior skills to help patients with diverse diagnoses. Ideal candidates will have a physical therapy degree from an accredited program; Louisiana physical therapy license; CPR certification; and at least 1 year of experience. New graduates will be considered.

Tulane offers competitive pay, and comprehensive benefits. **For more information and to apply online, visit: www.tmccareers.com, or e-mail your resume to: angela.minga@hcahealthcare.com.** EOE. Tulane Medical Center is a drug-free workplace.

www.tmccareers.com

*The $2,000 Sign-on Bonus is for full-time employees.*
society.

Rest assured APTA is representing us on “the hill” and advocating for many things, some of which include: decreasing regulatory burdens (caps, unnecessary regulations, etc), addressing fraud and abuse in the system, monitoring the potential threat of bundled payments. APTA is also positioning physical therapy as a solution to the problems we face today via access to our services and through prevention and wellness. I encourage each of you to stay up to date via your national and local news outlets, through www.apta.org, and through your representatives and senators in Washington, DC.

I look forward to seeing each of you at the Fall Meeting in Baton Rouge on September 18-20, in Baton Rouge. I fully expect that we will have a better idea of the state of health care reform at that time!

Greg

about the profession and have taught me the importance of service to the profession. I am so thankful for the opportunities that have been afforded to me through simply answering “yes” to the question that starts with, “Will you...?” I would like to continue being actively involved and hope to continue to pass along the knowledge and skills I have learned to my younger peers. My main goals as delegate are to represent the “young professionals” of our chapter, bring new ideas to the HOD, and increase awareness of the HOD current issues amongst my peers.

I look forward to continued involvement within the LPTA and would appreciate the opportunity to serve as Delegate for our state chapter. Thank you for your time!

Kinta LeBlanc, PT, MPT

Having been a delegate to the APTA House of Delegates (HOD) for the last six years I have been most fortunate and grateful to have represented our chapter. Along the way I’ve learned a great deal about the many facets of and issues facing our profession. I’ve also had the opportunity to network with numerous fellow delegates from across the nation and gained insight to the challenges and concerns other chapters have experienced, which in turn has fostered the ability to make informed decisions on behalf of our chapter and association at large.

And as I’ve said before, I am always awed by the dedication, commitment and passion which are characteristic of the APTA staff and fellow volunteer members during the HOD. There are so many individuals who are hard at work for our association (and, therefore, each one of us) every day.

I encourage each of you to run for delegate or at least attend one of the HOD sessions. I feel that you, too, will be enlightened and perhaps inspired by the whole process. In the meantime, I humbly ask for the chance to continue to serve and represent our chapter once again in the HOD. Please feel free to contact me if you have any comments or questions. I thank you for your consideration of my candidacy both in the past and at this time!

Lisanne R. Meiners, PT, DPT

It is an honor to be nominated for LPTA delegate and it would be a tremendous privilege to represent Louisiana at the APTA House of Delegates, if elected. I began my APTA and LPTA membership in 2005, as a first year PT student, and have been actively involved on both state and national levels since. I graduated from LSUHSC Shreveport in 2007 with a Master’s degree and continued there to complete the LSUHSC-Shreveport/PT Pros Orthopaedic and Practice Management Residency Program, as well as my Doctor of Physical Therapy degree. Currently I am on faculty at the LSUHSC Program in Physical Therapy at Shreveport, serving as the Director of Clinical Education and teaching portions of the Orthopaedic curriculum.

I enjoy the interaction this allows me with clinicians across the state, as it enables me to stay current with issues affecting our profession.

During PT school I served as Secretary on the APTA Student Assembly Board of Directors, where my passion for our profession began to take deep root. I am currently serving on the APTA Task Force for Communication, where we work to develop the most effective means of communication with our members, non-members, and consumers. These opportunities to serve have also helped me establish relationships with APTA board members and staff, enriching my knowledge and involvement with current issues affecting physical therapy and healthcare across the nation. I continue to be inspired by the dedication and enthusiasm demonstrated by our leaders in both the LPTA and APTA, as we work to bring our profession to the next level and strive toward Vision 2020. It is an exciting time to be a physical therapist. We continue to make a difference in the lives of our

(Continued on page 8)
patients, their families, and our community. I take great pride in being from Louisiana where we are surrounded by a rich culture, strong communities, and excellent physical therapists. As a candidate for delegate, I believe in Louisiana having a strong voice and representation on the national level. It is my desire to continue the momentum that has been created by past and present leaders to keep Louisiana moving forward.

Gail Pearce, PT

I have been a Chief Delegate for Louisiana for several terms in the past. This year I have decided not to run for the Chief Delegate position for a variety of reasons. I retired from full-time employment in December 2007. I am still working part-time in home health. I feel that I am out of the day-to-day loop of local physical therapy concerns and positions. I do keep up with the Association business through their printed material online and in hard copy. I also believe that it is time to encourage and mentor other Louisiana physical therapists to take on this leadership role for our Chapter. I have decided to run for delegate because of my experience with the workings of the House of Delegates and my relationships with other leaders in our Association. I can be of assistance to the Chief Delegate by helping new delegates learn about the activities of the House, how to be a delegate and how to help them meet leaders of other components of the Association. I appreciate your vote during this election.

Candidate for PTA Caucus Representative:

Jerry Allgood, PTA

My name is Jerry Allgood and I have been your PTA Caucus Representative for the last two years. I am asking for your support so that I can continue this important work for the next two years. The PTA Caucus is a functional part of the APTA’s House of Delegates and is your voice in the House of Delegates. I believe that every PTA should have his or her concerns brought to the appropriate person in a timely manner and that is also part of my job.

I have worked hard at increasing attendance at the PTA meetings at the LPTA Spring and Fall meetings. I plan on having statewide Town Hall Meetings before and after our Fall Meeting. I want every PTA to feel like they can come to me with problems or concerns. I also want PTAs to feel like they have someone representing their interests at the Chapter and National level. I want to be that person.

The position of PTA Caucus Representative requires a lot of work outside of the House of Delegates. It requires time away from your family. I have enjoyed this hard work and would like to continue for the next two years. In 2010, the PTA Caucus will attempt to secure full vote status for the PTA at a Chapter level. This is something that I, along with all the other Representatives, have been preparing for some time now. I want to continue that work as your Representative and be at the 2010 House of Delegates when we, as PTAs, are granted a full, equal vote. I would be honored to continue representing you as Louisiana’s PTA Caucus Representative. Thank you.
Informational Bulletin: CMS releases Final Rules regarding Payment Policies for Inpatient Rehabilitation Facilities and Skilled Nursing Facilities

On July 31st, the Centers for Medicare and Medicaid Services (CMS) released two significant rules that contain its final payment policies and updates for Inpatient Rehabilitation Facilities (IRFs) and Skilled Nursing Facilities (SNF). Both of these rules contain specific provisions that will have a major impact on the practice of physical therapy within each of these settings. Both rules are effective October 1, 2009, with the exception of a few provisions as indicated in each final rule.

In the SNF PPS final rule, some of the significant provisions are as follows:

- A negative 1.1 percent update to SNF payments due to recalibration of case-mix indices
- Major revisions to the documentation and calculation of therapy minutes on the MDS, specifically CMS puts forth new requirements on allocation, documentation, and provision of concurrent therapy
- Establishment of revised RUG-IV case-mix classification for implementation in FY 2011 and adjustment to therapy minutes based on data gathered from the Staff Time and Resources Intensity Verification (STRIVE) project
- Transition to a redesigned nursing home resident assessment instrument called Minimum data Set (MDS) 3.0 with a phased-in implementation schedule
- New requirements for quarterly reporting of nursing home staffing data

In IRF PPS final rule, some of the significant provisions are as follows:

- The replacement of a 1985 ruling regarding IRF coverage criteria with new coverage criteria for medical necessity, patient selection and care in the IRF setting to be effective January 1, 2010
- New requirement for IRFs to submit patient assessment data on Medicare Advantage (Part C) patients in order to calculate threshold compliance rates for purposes of the “60 Percent rule” (formerly known as the 75 percent rule)
- An update to the IRF payment rate of 2.5 percent which will result in increased payment of $145 million and sets IRF outlier payments at $10,652 in 2010
- Annual updates to case-mix groups (CMGs) and average length of stays based on 2008 data

APTA is analyzing the impact on physical therapy of provisions contained in both of these rules. A highlights document of each final rule will be available on the APTA website on Tuesday, August 4th. In addition, APTA will have a comprehensive summary of these rules in the coming weeks, as well as other upcoming educational opportunities for members to understand the full impact of these final rules on the practice of physical therapy.

Coming Soon to the Fall Meeting: PT Quiz Bowl
The employer of choice in contract and outpatient therapy for the entire southern states – Striving for excellence and not settling for less—building our success on integrity and an environment of innovation.

New Grads
Join our team and make a difference in the lives of everyone you come in contact with.

OUR EMPLOYEES ENJOY:
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As we all know, in order to achieve success a certain degree of planning is necessary. A successful celebration of National Physical Therapy Month is no exception.
In the last Bayou Bulletin I mentioned a few ideas on how to celebrate National Physical Therapy Month. I hope this information has helped to initiate some creative planning.
If you still don't have a plan, I find the APTA website is an invaluable resource to help with planning an event. For example, there are ideas for events that have occurred and event ideas that will take place this year.
Personally, our facility plans to celebrate National Physical Therapy Month by having a table set up in a heavy traffic area of our facility where we plan on providing information on physical therapy. Our staff will be wearing t-shirts with the new brand logo, and we also plan on raffling off items from the APTA with our brand on it after which we will donate the proceeds to charity. Another member notes on the APTA website that her facility took the same approach, and went a step further by offering APTA pens to “star” patients during the month of October.
Need another idea? Since the fall semester will be in full swing in October, backpack fitting at local schools or churches or malls might be another great idea for PT Month.
Shop the APTA website for really great items with our new brand logo to enhance your celebration. Here are a few examples of inexpensive, practical PT Month goodies:

Keychains Magnets Media Holders I.D. and Key Holders

Whatever you decide to do for National Physical Therapy Month I hope you have fun! Take pictures and let us know about your celebration! And let me know if you need any help with your planning!
(K_mader@hotmail.com)
CALLING ALL PTA STUDENTS
We want your voice to be heard. We have come to realize the slight lack of diversity among the officers of our Student SIG. The future of our profession begins with great communication and solid relationships between PTs and PTAs. So it’s time that we, the PT and PTA students of Louisiana, collaborate our efforts. Please join us as an LPTA Student Special Interest Group Officer. Elections for one PTA officer to join current SSIG officers will be held at this year’s LPTA Fall State Meeting in Baton Rouge. Please go to www.lpta.org and click on “Student SIG” for officer duties, application form, and election information.

QUIZ BOWL CHALLENGE – FALL MEETING 2009
Who: You and your 3 smartest friends
What: LPTA’s First Annual Quiz Bowl Challenge
When: LPTA Fall State Meeting (following welcome reception)
Where: Baton Rouge, Louisiana
How:
Put on your creative hat and come up with your best team name and spirited attire.
Go to www.lpta.org and click on “Student SIG” for application form and rules of play.
Mail in your application by August 15th to:
Payton McCalmont
258 Clinton Dr.
Stonewall, LA 71078

 Bring your application fee ($40/team) and your game face.
 (*Proceeds will go to PT-PAC.)
NOTE: The Quiz Bowl will be limited to 8 teams, so get your application in ASAP.

CALLING ALL LOUISIANA PT/PTA EMPLOYERS
The LPTA Student Special Interest Group wants you to help us help you. Starting in the fall of 2009, the SSIG will begin providing a biannual job listing resource to near graduation students seeking employment in Louisiana. For $30 (LPTA members) or $50 (non-members), your place of employment can advertise job listings in this publication. The publication will be distributed at fall and spring state meetings, e-mailed to students in a PDF format, and posted on the LPTA “member’s only” website. Information for the fall and spring listings is due by August 15, 2009 and January 15, 2009, respectively. For more information regarding this opportunity, email Payton McCalmont, SSIG president, at pmccal@lsuhsc.edu.

FALL MEETING SSIG EVENT
Join us at this year’s Fall State Meeting, as Dr. Kevin Brueilly gives us the low down on the ins and outs of the National Board Exam: what to expect, how to prepare, and most importantly, how to stay sane during the months, weeks, and-
PT STUDENTS GET MOVIN’

This past summer, LSUHSC-Shreveport students took some time out of the classroom to get movin' in the community. Students from the 2nd and 3rd year classes volunteered as camp counselors at both the Percy B. Johnson Burn Foundation Camp I’m Still Me and the MDA Rainbow Camp. Several students shared their thoughts on these unique experiences.

“Burn camp is a week for these kids, who are burn survivors, to not have others stare at them, tease them, or make them feel different. These young kids have shown me how to be a better friend, better brother, better son, but ultimately a better person.”

Brennan Bernard, 3rd yr SPT

“MDA camp was a very memorable experience this summer. We were able to interact with the campers on a one on one basis, and experience their genuine and energetic personalities. We were able to apply things we have learned in the classroom as to the children who could benefit from our skills. Within the few hours we spent there, we realized just how much we take for granted in our own lives, and we all took something away from our short time at MDA camp that we will never forget. To say the least, it was a great experience that left us all motivated in our own way.”

-Reba Clemons, 2nd yr SPT
PHYSICAL THERAPY PROVIDER NETWORK (PTPN)

INVITES NEW MEMBER APPLICATION

Physical Therapy Provider Network, Inc. (PTPN), the oldest and largest rehabilitation network in the United States for private practice therapists, has been in operation for nearly two decades in Louisiana. PTPN is presently made up of physical, occupational, and speech therapists in independent practice and its members include nearly 100 clinics geographically distributed throughout the states of Louisiana and Mississippi. It is PTPN’s mission to maximize the independent therapist’s profitable and clinically effective participation in healthcare.

PTPN member clinics gain quantifiable value from their PTPN Membership. The greatest value they report is access to more patients and more revenue through PTPN’s many contracts with payers. In addition, PTPN members save money through PTPN’s handling of contracting and credentialing functions and through negotiated discounts on brand name supplies and services – from liability insurance to gym equipment. The PTPN network of providers is marketed to payers on the local, statewide, and national levels in order to give our members the broadest base of business possible. In addition to insurance contracts, PTPN is on the forefront in programs that position private practitioners as successful leaders through the shifts happening within the healthcare industry.

- We engage in active legislation and regulatory advocacy on behalf of PTPN members, including our own lobbyist in Washington and an online Political Action Center that lets PTPN members easily contact our federal representatives on important issues that face our profession. Locally, PTPN is an active member of LABI (Louisiana Association of Business and Industry), LAHP (Louisiana Association of Health Plans), LBGH/LHCA (Louisiana Business Group on Health/Louisiana Healthcare Alliance), and LASIE (Louisiana Association of Self Insured Employers). Our role in these organizations allows private practitioners to collectively have their voice heard as one.

- We believe that cash based programs will provide additional revenue for our member clinics. PTPN’s national consumer brand, “Physiquality”, exclusive to PTPN clinics for cash pay and wellness services and products, is available to counteract the downward pressures on insurance reimbursement by capturing a share of the cash-paying consumer market. Our goal is to boost business, expand practices, and generate new streams of revenue for our member clinics.

- We have spearheaded a statewide outcomes measurement program specific to physical and occupational therapy powered by FOTO (Focus on Therapeutic Outcomes) for PTPN members to get payer and consumer attention and to ensure provider efficiency and patient satisfaction within our member clinics.

PTPN is a different type of rehab network, one that stands above the others in today’s turbulent marketplace – a network of independent therapists that payers and patients rely on for integrity, stability, and quality. We welcome and encourage your membership and your belief in private practice.

PTPN is located at 4521 Jamestown Avenue, Suite 1, Baton Rouge, LA 70808. Any interested therapist should contact Executive Director, Kim Bueche Hardman, at 225-927-6888 or kbueche@ptpnla.brcoxmail.com for details. Visit our website at ptpn.com.

PTA Meeting

The PTA meeting will be held Saturday, September 19, 2009 at 6:30 p.m. at the Crowne Plaza in Baton Rouge.

Don’t miss the Research Presentations at the Fall Meeting in Baton Rouge—Friday, September 18, 2009 at 2:00pm.

Move Forward.
Physical Therapy Brings Motion to Life
### 2009 National Dues

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* PT Post-Professional Student: Detailed full-time in a master’s or doctoral program or APTA certified residency or fellowship program, and who meets all of the qualifications for PT membership, but is not eligible to vote. Full-time student must be enrolled in a course of study that leads to a degree in physical therapy.

### 2009 Section Dues

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### Voluntary Contributions

- **Foundation for Physical Therapy (FPT)**: 25%
- **Fellowship Action Committee (FACT)**: 25%
- **Fellowship Action Committee (FAC)**: 25%
- **Ministry Scholarship Fund (MSF)**: 25%
- **American Physical Therapy Foundation (APTF)**: 25%

- **Other**: 25%

### Four Easy Ways to Join!

1. ONLINE: Visit [www.apta.org/join](http://www.apta.org/join) for faster processing.
2. BY FAX: Send both sides of completed application to 703/790-6536.
3. BY MAIL: Return completed application to American Physical Therapy Association, P.O. Box 795154, Baltimore, MD 21279-0000.
4. BY PHONE: Call APTA’s Member Services at 800/999-2782, ext. 3395. M-F 8:30 am - 6:00 pm ET. Have your credit card ready.
Louisiana Physical Therapy Association Fall Meeting
September 18-20, 2009

An Evidence-Based Approach to the Examination and Treatment of the Shoulder Complex
Speaker: Morey J. Kolber

COURSE DESCRIPTION:
This 2-day (12 CEH) course will provide participants with an evidence-based approach to the examination and treatment of shoulder complex disorders. Participants will acquire an understanding of common shoulder disorders, differential diagnosis, risk factors, impairments, imbalances and injury prevalence in both the general and athletic population. Evidence-based tests and measurements will be presented, including a discussion and demonstration of optimal positions for muscle testing and measurements designed to identify joint imbalances. A cursory overview of statistical tests of reliability and validity will be presented to assist clinicians in their interpretation of research findings. Radiographic and magnetic resonance imaging explanations will be used to supplement material. The merits and limitations of common interventions will be presented from both a physiological and evidence-based perspective where applicable. A detailed discussion of exercise prescription will be presented including common misconceptions, as well as weight-training program recommendations applicable to the novice or experienced client.

COURSE OBJECTIVES:
At the end of this course, the participants shall be able to:
1. Be familiar with the etiology, pathophysiology, clinical signs and symptoms of common shoulder complex disorders
2. Recognize evidence-based examination and treatment approaches for shoulder complex disorders
3. Understand statistical tests of reliability and validity as necessary to interpret findings from physical therapy tests and measurements
4. Recognize common radiographic anatomy and pathology of the shoulder
5. Recognize common pathological presentations on magnetic resonance imaging
6. Recognize appropriate and evidence-based interventions for the shoulder complex
7. Describe appropriate weight-training exercise modifications to prevent shoulder complex injury

Exercise Guidelines for Cancer Patients and Cancer Survivors
Speaker: G. Stephen Morris

COURSE DESCRIPTION:
Because cancer and/or its treatment typically leaves patients and survivors with residual physical problems, physical therapists are uniquely positioned to safely implement exercise as a therapeutic intervention for this population. This course will introduce the physical therapist to why exercise interventions are needed for this patient population, how to implement exercise programs for this patient population, and how to assess outcomes in this patient population. Completion of this course will increase the ability of a practicing physical therapist to successfully treat oncology patients. Given that exercise training is a reasonably new therapeutic intervention, this course will help physical therapists identify new practice opportunities.

COURSE OBJECTIVES:
At the end of this course, the participants shall be able to:
1. The basic biology of cancer, exercise, and adaptive responses to exercise
2. Cancer diagnoses, surgeries, treatments, and side effects
3. How exercise may improve functional capacity, quality of life following a cancer diagnosis, and potentially improve prognosis.
4. Adverse responses to exercise training and how to appropriately modify exercise program and/or when to seek clinical consultation, especially for the client who is currently receiving treatment
5. Exercise prescription for the oncology patient
6. The use of outcome measures in the oncology setting
7. Safety concerns associated with exercising this patient population
8. The use of exercise training across the cancer trajectory
9. Exercise and its impact on lymphedema
10. Exercise adherence

Please visit the LPTA’s website www.lpta.org for the speaker bio’s.
**TENTATIVE SCHEDULE OF EVENTS**

**FRIDAY, SEPTEMBER 18, 2009**

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<tr>
<td>9:00am—1:00pm</td>
<td>LPTA Board of Directors’ Meeting</td>
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<td>1:00pm</td>
<td><strong>REGISTRATION OPENS</strong></td>
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<tr>
<td>1:00pm—5:30pm</td>
<td>Exhibit Setup</td>
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<tr>
<td>2:00pm—4:00pm</td>
<td>Research Presentations</td>
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<td>4:00pm—5:00pm</td>
<td>Committee Meetings</td>
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<tr>
<td>5:00pm—6:00pm</td>
<td>LPTA Business Meeting with Open Forum</td>
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<tr>
<td>7:00pm</td>
<td><strong>EXHIBITS OPEN</strong></td>
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<td>7:00pm—8:30pm</td>
<td><strong>WELCOME RECEPTION</strong> with Exhibitors</td>
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<td>Quiz Bowl—Sponsored by the Student SIG (Following Reception)</td>
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**SATURDAY, SEPTEMBER 19, 2009**

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<td><strong>EXHIBITS OPEN</strong></td>
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<td>Continental Breakfast in Exhibit Hall</td>
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<tr>
<td>7:45am—9:15am</td>
<td>An Evidence-Based Approach to.......... Treatment of Shoulder Complex</td>
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<td>Exercise Guidelines for Cancer Patients and Cancer Survivors</td>
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<td>9:15am—10:45am</td>
<td><strong>Exhibit Break</strong></td>
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<td><strong>VOTING CLOSES</strong></td>
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<td>10:45am—11:45am</td>
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<td>11:45am—1:45pm</td>
<td><strong>LPTA Business Meeting with Lunch</strong></td>
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<td>3:45pm—4:00pm</td>
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<td>4:00pm—6:30pm</td>
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**SUNDAY, SEPTEMBER 20, 2009**

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**Accommodations**

**Crowne Plaza**

4728 Constitution Avenue  
Baton Rouge, LA 70808  
(225) 925-2244 or (800) 678-4065

**Rates:**

- $99.00 per night (Single)
- $275.00 per night (One Bedroom Suite)

Registrants must make their own room reservations. Please identify yourself with the “Louisiana Physical Therapy Association” to receive the group rate. Please reserve your rooms early. Although the hotel guarantees the availability of our room block, at the above rates, this is only for reservations made on or before August 18, 2009, please call them for availability regardless of when arrangements are made.
Louisiana Physical Therapy Association Fall Meeting

Name: ____________________________

Spouse/Guest’s Badge Name (if applicable): ____________________________

Company: ____________________________

Business Address: ____________________________

Street

City ____________________________ State __________ Zip __________

Business Phone: (__________) ____________________________

Email Address: ____________________________

Home Address: ____________________________

Street

City ____________________________ State __________ Zip __________

Home Phone: (__________) ____________________________

Licensure: PT PTA PT Student PTA Student

Membership: APTA/LPTA Member Non-member

PLEASE MARK THE COURSE YOU WILL ATTEND:

_____ Examination and Treatment of the Shoulder Complex

_____ Exercise Guidelines for Cancer Patients and Cancer Survivors

REGISTRATION FEES: Early Bird Postmark by September 4 Regular After September 4

PT Member $315 $340

PT Non-Member $390 $415

APTA Life Member $75 $85

PT Assistant Member $315 $340

PT Assistant Non-member $390 $415

Student Member $75 $85

Student Non-member $105 $115

Spouse/Guest* $40 $45

* includes social events and exhibits

Luncheon Ticket Only (for non-registrants) $25 $25

Saturday Only (PT and PTA members) $200 $210

Exhibits Only Pass-Member $20 $20

Exhibits Only Pass-Nonmember $45 $45

Total Amount Enclosed: $____________________

**$10 will be added for on-site registrations.

Credit Card: (Circle one) American Express Discover MasterCard Visa

Card Number: ____________________________

Expiration Date: ____________________________

Cardholder’s Name (Please print): ____________________________

Signature: ____________________________

Credit card registrations may be faxed in or mail registration form with check payable to LPTA to:

Louisiana Physical Therapy Association

8550 United Plaza Blvd., Suite 1001, Baton Rouge, LA 70809

Phone: 225-922-4614 Fax: 225-408-4422

Email: office@lpta.org

☐ Check here if you have a disability and may require an accommodation. You will be contacted to discuss your special needs.